



PLEASE PLAY RESPONSIBLY.
You must be 18 years or older to purchase a Lottery ticket.

\$192
MILLION



\$150
MILLION

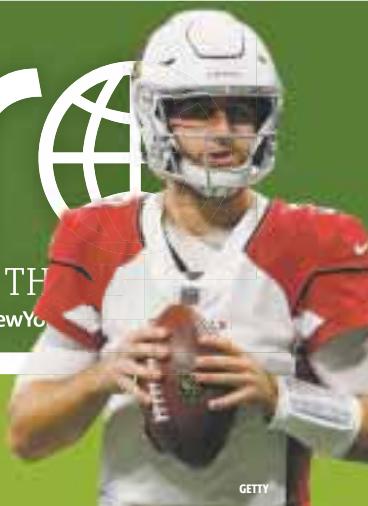
NEW YORK LOTTERY'S
POWER BALL
POWERPLAY

©2019 New York Lottery

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE

Tuesday, April 23, 2019 metro.us | t: MetroNewYork | f: MetroNewYork



GETTY

ROSEN HEADED TO GIANTS?

Cardinals QB may be available come draft night. 23



Put down your phone and read a book on
World Book Day. 14-15

ISTOCK

Sri Lanka received several warnings
prior to Easter Sunday bombings. 2

SHOWTIME

2019



TriBeCa Film Fest

TriBeCa Film Festival 2019
opens Wednesday. 17-20

ISTOCK

4
THINGS
TO
KNOW

A D.C. student and Denver man were among the 290 killed.

Sri Lanka said on Monday it was invoking emergency powers in the aftermath of devastating bomb attacks on hotels and churches, blamed on militants with foreign links, which killed 290 people and wounded nearly 500.

The emergency law, which gives police and the military extensive powers to detain and interrogate suspects without court orders, would go into effect at midnight local time, the president's office said.

Colombo, the seaside capital of the Indian Ocean island, was jittery the day after the horrifying Easter Sunday attacks. Police said 87 bomb detonators were found at the city's main bus station, while an explosive went off near a church when bomb squad officials were trying to defuse it. Scores were killed in the church on Sunday.

A night curfew went into effect at 8 p.m.

There was no claim of responsibility for Sunday's attacks but suspicion was focusing on Islamist militants in the Buddhist-majority country.

Investigators said seven suicide bombers took part in the attacks, while a government spokesman said an international net-

Sri Lanka claims international network involved in terror attacks



1

work was involved.

Police had received a tip-off of a possible attack on churches by a little-known domestic Islamist group this month, according to a document seen by Reuters.

The intelligence report, dated April 11, said a foreign intelligence agency had warned authorities of possible attacks on churches by the National Thawheed Jama'at. It was not immediately clear how those attacks were carried out.

"Still the investigations are going on," Weliana said.

International anti-terrorism experts said even if a local group had carried out the attacks, it was likely that al Qaeda or Islamic State were involved, given the level of sophistication.

Two of the suicide

bombers blew themselves up at the Shangri-La Hotel on Colombo's waterfront, said Ariyananda Welianga, an official at the government's forensic division. The others targeted three churches and two hotels.

A fourth hotel and a house in a suburb of the capital Colombo were also hit, but it was not immediately clear how those attacks were carried out.

"Still the investigations are going on," Weliana said.

Police said 24 people had been arrested, all of whom were Sri Lankan, but they gave no more details. Most of the attacks came during Easter services and when hotel guests were sitting down for breakfast buffets.

"Guests who had come for breakfast were lying on the floor, blood all over," an employee at Kingsbury Hotel told Reuters.

A fifth-grader among the Americans killed

A fifth-grade student at an exclusive private school in Washington, D.C., and a Denver man on a business trip were among the U.S. residents killed in the Sri Lanka Easter attacks, a media report and the man's employer said on Monday.

U.S. Secretary of State Mike Pompeo said "several" Americans were killed without providing a precise number.

Kieran Shafritz de Zoyza, a fifth-grader at Sidwell Friends, died in one of the blasts, the school emailed to friends and family, ac-

cording to CNN. Fifth-graders are around 10 years old. Staff at the school did not respond to requests for confirmation.

"Passionate about learning, he adored his friends, and was incredibly excited about returning to Sidwell Friends in the coming school year," school principal Mamadou Gueye wrote in the email, CNN reported.

The boy's citizenship was unknown.

Sidwell Friends is the school where President Barack Obama's daughters Sasha and Malia and President Bill Clinton's daughter Chelsea attended.

Dieter Kowalski, a Wisconsin native who lived in Denver, was also among the victims. He was on a business trip for the Brit-

ish education publishing company Pearson, which has 800 employees in Sri Lanka.

"Dieter had just arrived at his hotel, where many of our colleagues have stayed over the years, when he was killed in an explosion," Pearson CEO John Fallon said on LinkedIn.

All other Pearson employees in Sri Lanka have been accounted for, Scott Overland, a Pearson spokesman, wrote in an email.

A senior leader on a technical services team, Kowalski was on assignment to work with local Pearson engineering teams, Fallon said. "Colleagues who knew Dieter well talk about how much fun he was to be around, how big-hearted and full-spirited he was. They tell of a man to whom we could give our ugliest and most challenging of engineering problems, knowing full well that he would jump straight in and help us figure it out," Fallon said.

Kowalski himself appeared enthusiastic about his trip, posting a map on Facebook showing the path from Denver to Colombo.

"And the fun begins. Love these work trips. 24 hours of flying. See you soon Sri Lanka!" Kowalski said in his final Facebook post on Friday.

The comments section became a forum for condolences from more than 200 people. REUTERS

Trump sues to block Congress finance subpoena

2 President Donald Trump on Monday filed suit to keep U.S. lawmakers from obtaining his financial records, the first salvo in what promises to be an escalating legal battle with Democrats in Congress. The suit seeks to block a subpoena issued by the Democratic chairman of the U.S. House Oversight Committee for information about Trump's personal and business finances, alleging Democrats have launched "all-out political war" on

Trump with subpoenas as their "weapon of choice." Elijah Cummings, the House Oversight Committee chairman, issued the subpoena to the president's accountant after Trump's former lawyer, Michael Cohen, testified to Congress in February that Trump had misrepresented his net worth. "Chairman Cummings' subpoena is invalid and unenforceable because it has no legitimate legislative purpose," Trump's lawyers said in a filing. REUTERS

Samsung delays public rollout of Galaxy Fold

3 Samsung said on Monday it will delay the public rollout of its Galaxy Fold without giving a new release date. The announcement comes days after some reviewers of the splashy \$1,980 foldable handset reported problems with their test units after just a day or two of use. Samsung postponed media events for the device planned for this week in Hong Kong and Shanghai. "To fully evaluate this feedback and run further internal tests,

we have decided to delay the release of the Galaxy Fold," a Samsung rep said. Instead of plaudits ahead of the phone's previously planned launch on April 26 in the U.S., the South Korean conglomerate has been blighted by technology journalists reporting breaks, bulges and blinking screens, raising the specter of the combustible Galaxy Note 7 three years ago which the firm ultimately pulled from shelves at massive cost. REUTERS

Warren proposes canceling billions in student loan debt

4 U.S. Sen. Elizabeth Warren, who is seeking the Democratic nomination for the 2020 presidential election, wants to cancel billions of dollars in student loan debt and make college cheaper for students going forward. Warren, in a post on the website Medium, proposed canceling \$50,000 in student loan debt for anyone with an annual household income under \$100,000, which her campaign said would

amount to 42 million Americans. It would also cancel some debt for those with household incomes between \$100,000 and \$250,000. Warren, who has long advocated in Congress for providing debt relief to students, called student loan debt a "crisis." She said canceling debt for millions of people would help close the nation's racial and wealth gap, and also proposed making all two-year and four-year public colleges free. REUTERS

Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will

help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequency Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

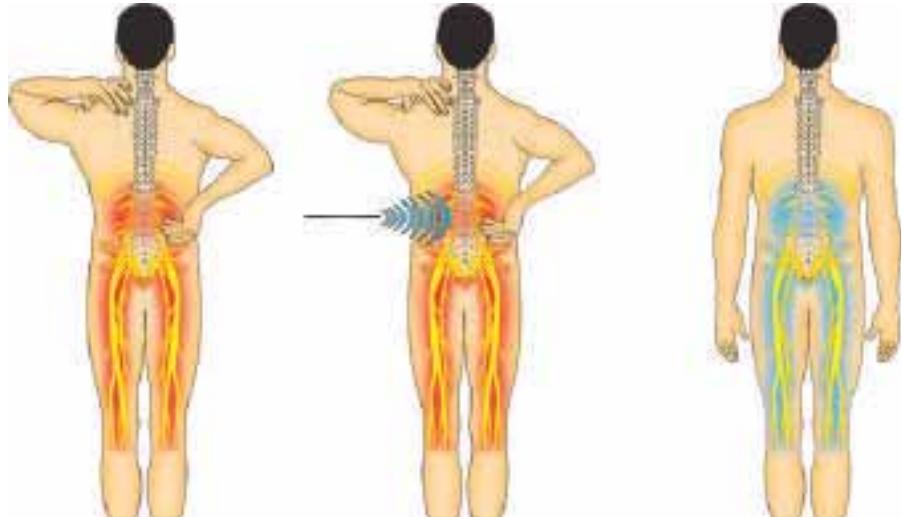
That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the **NYC Pain MD** treatments can be done in out in-office procedure suites saving you stress, time and dollars. **NYC Pain MD** believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every

month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at **NYC Pain MD**. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.



877-907-2934

NEWS

The \$14 billion in legislation and investments aims to cut emissions by 30 percent by 2030.



NATE HOMAN
letters@metro.us

New York City on Earth Day released the OneNYC 2050 blueprint of its Green New Deal, a \$14 billion effort that aims to cut 30 percent of greenhouse emissions by 2030 while creating "tens of thousands of good jobs."

"Every day we wait is a day our planet gets closer to the point of no return. New York City's Green New Deal meets that reality head on," Mayor Bill de Blasio said in a statement Monday. "We are confronting the

De Blasio rolls out city's Green New Deal



Mayor Bill de Blasio speaks about the city's strategy to respond to climate change at Hunter's Point South Park. GETTY IMAGES

same interests that created the climate crisis and deepened inequality. There's no time to waste. We're taking action now, before it's too late."

City officials intend to pursue steep cuts in greenhouse gas emissions from buildings and source 100 percent clean electricity while creating green jobs and holding polluters re-

sponsible for climate-related costs by 2050. New York City is the first city in the world to require all large existing buildings of 25,000 square feet or more to lower their energy usage and emissions. NYC has 50,000 buildings of this size citywide. The city is also banning all-glass facades in new construction unless they meet strict performance

guidelines, making inefficient glass-heavy building designs a thing of the past.

"Here in New York City, we recognize our climate crisis for what it is: an emergency. Also that what matters most is not words, but action," Daniel Zarrilli, NYC's chief climate policy adviser and OneNYC director, said in a press release.

"With today's release of OneNYC 2050, we are demonstrating to the world what a Green New Deal looks like in practice. Taking on the fossil fuel industry, getting our emissions to net-zero, building greater resiliency citywide, and creating an inclusive economy. These may not be easy, but they are necessary if we are to secure a livable future for the

next generation. And by taking action now, we are building a strong and fair city for all New Yorkers."

De Blasio said that New York City will also guarantee health care for every New Yorker and create universal coverage for uninsured New Yorkers regardless of ability to pay or immigration status. This health care push includes new efforts in combating the opioid epidemic and deploying engagement teams alongside first responders to support people with mental health and substance abuse issues. Other goals include improving transit systems and road conditions, plus a \$20 billion resiliency plan to address "the growing threats of coastal storms, sea-level rise, extreme heat, and increased precipitation with projects and programs across the city."

Visit onenyc.cityofnewyork.us for more information.

www.ridgewoodbank.com or call (718) 240-4778 to learn more.' The Ridgewood Savings Bank logo is at the bottom right."/>

1 Bonus Offer is available from April 1, 2019 through June 30, 2019 ("Promotion Period") for consumers who (a) do not currently hold a Ridgewood checking account either personally or as joint owner, (b) did not have a Ridgewood checking account either personally or as joint owner that was closed in 2019, and (c) open a new personal checking account during the Promotion Period that satisfies the applicable offer criteria set forth below (an "eligible customer"). Customer(s) must be an eligible customer and meet all existing checking account qualification requirements to qualify for this offer and must maintain the checking account as stated in the Bank's account terms and conditions. Applicable bonus amount (as further described below) will be credited to the new personal checking account once the applicable offer criteria set forth below are met, approximately 90 days from account opening. One bonus award per eligible customer and new account; this offer cannot be combined with any other offer.

A \$300 bonus offer is available to eligible customers who open a qualifying Premier Checking account and make a cumulative direct deposit of funds of at least \$2,500 into it within 60 days of account opening. A \$150 bonus is available to eligible customers who open a Ridgewood Good or Checking with Interest Account and make a cumulative direct deposit of funds of at least \$500 into it within 60 days of account opening. A \$150 bonus is available to eligible customers who open a Student Advantage account and make either: (i) a direct deposit of funds into it; or (ii) 10 debit card Point-Of-Sale purchases, within 60 days of account opening. Qualifying direct deposits include recurring electronic deposits of your paycheck, pension or government benefits (such as Social Security). Person-to-Person and bank transfers between your Ridgewood Savings Bank accounts or accounts you have at other financial institutions or brokerages do not qualify. Payments received for goods sold do not qualify.

In addition, eligible customers may receive up to 5,000 in uChoose Reward® points by earning 1,000 uChoose Reward® points for each eligible additional service enrolled in during the Promotion Period. Eligible additional services for this Offer include: 1. MX-Money Management; 2. eStatements; 3. SMS Fraud Alerts; 4. Mobile App Activation; 5. Mobile Wallet. 5,000 uChoose Reward® points can be redeemed for \$50 cash value. Benefits, Rewards Points and the redemption of Rewards Points under the uChoose Reward® program are administered by Fiserv, Inc., an unaffiliated third-party vendor of Ridgewood Savings Bank. uChoose Rewards® is a registered trademark of Fiserv, Inc.

Premier Checking Account: The minimum balance to open is \$250. This is a tiered rate account, the APY for balances \$0.01 – \$9,999.99 is .10%; \$10,000.00 – \$24,999.99 is .20%; \$25,000.00 – \$49,999.99 is .25%; \$50,000.00 or more is .50%. **Checking with Interest Account:** The minimum balance to open is \$100. This is a tiered rate account, the APY for balances \$0.01 – \$9,999.99 is .10%; \$10,000.00 – \$24,999.99 is .15%; \$25,000.00 – \$49,999.99 is .20%; \$50,000.00 or more is .25%. **Ridgewood Good Account:** The minimum balance to open is \$25. **Student Advantage Account:** The minimum balance to open is \$25.

Each Annual Percentage Yield (APY) set forth above is effective as of 3/15/19 and is subject to change at any time. Fees may reduce earnings. The value of the bonuses paid under this promotion is considered interest and Ridgewood Savings Bank will issue you an IRS Form 1099-INT, or other appropriate form. Offer may be withdrawn or modified at any time without notice. Ridgewood Savings Bank employees and immediate family members are not eligible to participate in this offer.

Subject to Terms and Conditions. Program subject to change or discontinuance without notice.



Member
FDIC



Earth Day New York 2019

Tuesday, April 23, 2019 12 pm - 6:30 pm
Union Square (North Plaza)

- Join our Earth Day 50th anniversary countdown art installation and action center!
- Bring your utility bill to our booth at E. 17th and Park Ave. to sign up for clean energy in just minutes and get a \$25 Visa gift card
- Environmental campaigns
- Live music and entertainment
- Kids' activities and entertainers
- Local businesses with green initiatives
- Participate in an interactive zero-waste weaving activity promoting sustainable fashion in partnership with H&M

Stage Schedule

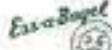
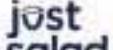
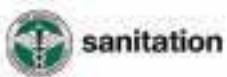
12:00 - 12:30 PM	Rhymes Feat. Summer Dennis	3:00 - 3:30 PM	Press Conference
12:45 - 1:15 PM	Karina	3:45 - 4:15 PM	Futurist
1:30 - 2:00 PM	Dogwood Last	4:30 - 5:00 PM	The 5:55

Participate in our Earth Day 5K Green Tour on social media by following #earthday5k on April 22! Special thanks to Official Partner, Cantor Fitzgerald.

CANTOR
Fitzgerald

Union Square Exhibitors

511NY Rideshare	511nyrideshare.org
Alison Milonakis	alisonmilonakis.com
Ample Hills Creamery	amphiles.com
Belinda Bluebird	belindabluebird.com
Best Friends Animal Society	ny.bestfriends.org
BioBus	biobus.org
Blick Art Materials	blickblick.com
Brew Dr Kombucha	brewdrkombucha.com
Cabot Creamery	cabotcheese.com
Camphill Association of North America	camphill.org
Camphill Village Copake	camphillvillage.org
Clean Air NY	cleanairny.org
CleanChoice Energy	cleanchoiceenergy.com
Coco-Mat	cocomat.com
comEdison	comed.com
DSNY NYC Department of Sanitation	nyc.gov/sanitation
Earth Day Initiative	earthdayinitiative.org
Enterprise	enterprise.com
EPA	epa.gov/watersense
Fabscrap	fabscrap.org
FoodPrint	foodprint.org
Galli Theater New York	gallitheaternyc.com
Global Fashion Exchange	globalfashionexchange.org
Grain Surfboards	grainsurfboards.com
Green Mountain Energy	greenmountainenergy.com
Groovy Globe	groovyglobe.net
H&M	hm.com
iHeartRadio	z100.com
Innisfree	innisfree.com
KeVita	kevita.com
Marina's Fun Faces	marinacellen.dreamsite.com/marinacellen
MetroPlus Health Plan	metroplus.org
Michael Albert	michaelalbert.com
Millennials World	millennialsworld.org
New York Sun Works	nysunworks.org
NRDC	nrdc.org
NYSkies Astronomy	nyskies.org
NYS Public Service Commission	dpw.ny.gov
people'spops	peoplespops.com
Pfeiffer Center	pfeiffercenter.org
Pokemon: Detective Pikachu	detectivepikachumovie.com
Population Connection	populationconnection.org
PowerMarket	powermarket.io
Precycle	precycle.org
REBBL	rebbll.co
Rescue Chocolate	rescuechocolate.com
Sahaja Yoga Meditation	rymeditation.org
Sidewalk Roots	evenlandau.com
Silent Forest Mobiles	smobiles.com
Starry	starry.com
The 4th Bin	4thbin.com
The Climate Museum	climatedemuseum.org
Tonic	tonicvibes.com
United for Action	unitedforaction.org
UPS	ups.com
Wild Tomorrow Fund	wildtomorrowfund.org
WNYC	wnyc.org
YourLocal	yourlocal.org



dojust1thing.org

info@earthdayny.org

@earthdayinitiative

Supreme Court takes up major gay, transgender job discrimination cases

Trump's administration has argued that Title VII does not cover sexual orientation or gender identity.

The Supreme Court on Monday agreed to decide whether U.S. law banning workplace discrimination on the basis of sex protects gay and transgender workers, as the conservative-majority court waded into a fierce dispute involving a divisive social issue.

At issue in the high-profile legal fight is whether gay and transgender people are covered by Title VII of the Civil Rights Act of 1964, which

bars employers from discriminating against employees on the basis of sex as well as race, color, national origin and religion. President Donald Trump's administration has argued that Title VII does not cover sexual orientation or gender identity.

The court, whose 5-4 conservative majority includes two Trump appointees, will take up two cases concerning gay people who have said they were fired due to their sexual orientation, one involving a New York skydiving instructor named Donald Zarda and another involving a former county child-welfare services coordinator from Georgia named Gerald Bostock.

The court also will hear

a Detroit funeral home's bid to reverse a ruling that it violated federal law by firing a transgender funeral director named Aimee Stephens after Stephens revealed plans to transition from male to female.

The justices will hear arguments and issue a ruling in their next term, which starts in October.

Trump's administration reversed the approach taken under Democratic former President Barack Obama by the U.S. Equal Employment Opportunity Commission (EEOC), which enforces federal laws banning workplace discrimination.

"The American public would be shocked if the Supreme Court ruled that it's perfectly legal

The U.S. Supreme Court building.

to fire someone because she is transgender or lesbian. That doesn't fit with American values of fair play and the idea that you should be judged on your work and not on who you are," said James Esseks, a lawyer with the American Civil Liberties Union, which represents two of the employees.

The Title VII fight marks the court's first major test on a contentious social issue since Trump's appointee Brett Kavanaugh joined it in October after a difficult Senate confirmation process.

Kavanaugh replaced

retired Justice Anthony Kennedy, a conservative noted for supporting gay rights, and could provide a pivotal vote on the issue. Kennedy wrote the court's 5-4 2015 ruling legalizing gay marriage nationally, a landmark for U.S. gay rights, and its important 2003 ruling striking down laws criminalizing gay sex.

Kavanaugh's approach to gay rights is unknown, having not been involved in any major cases on the issue as an appeals court judge before becoming a justice. Trump's other Supreme Court appointee is fellow conservative Neil

Gorsuch.

Trump, a Republican with strong support among evangelical Christian voters, has taken aim at gay rights and transgender rights. His Justice Department at the Supreme Court supported the right of certain businesses to refuse to serve gay people on the basis of religious objections to gay marriage.

His administration also restricted transgender service members in the military and rescinded protections regarding bathroom access for transgender students in public schools.

REUTERS



QUALITY DENTURES THE SAME DAY

NY's Place for same day dentures for over 40 years.

Smile with Confidence



NEW PATIENT PACKAGE

MAINTENANCE
CLEANING
DIGITAL X-RAYS

\$89

With This ad only. One per patient.

First visit only. Coupon expires 5/15/19

*some restrictions may apply

NEW PATIENTS Only

ONE
DENTURE
RELINE

\$194

With This ad only. One per patient.

First visit only. Coupon expires 5/15/19

*some restrictions may apply

FREE CONSULTATION

**DENTURE REPAIRS AND
RELINES WHILE-U-WAIT!**

**MOST INSURANCE PLANS WELCOME
SENIOR Cit. Discounts* on new dentures and crowns
Full Service State of-the Art Cosmetic Dentistry**

224 West 35th St., New York, NY

16th Floor (between 7th and 8th Avenues)

Call Now! 212-689-0024 • www.denturecenter.com

Cannot be combined with other offers *not to be combined



Leader of armed group boasted of assassination training targeting Obama, Hillary Clinton: FBI

The leader of an armed group stopping undocumented migrants who cross into the United States from Mexico had boasted that his members had trained to assassinate former President Barack Obama and former Secretary of State Hillary Clinton, an FBI agent said in court papers on Monday.

Larry Hopkins was arrested Saturday on a weapons charge. His camouflage-wearing, armed United Constitutional Patriots members claim to have helped U.S. officials detain some 5,600 migrants in New Mexico in the last 60 days.

The UCP says its two-month presence at the border is intended to support U.S. Border Patrol, which has been overwhelmed by record numbers of Central American families seeking asylum.



U.S. soldiers walk next to the border fence between Mexico and the U.S., as migrants are seen walking behind the fence, after crossing illegally into the U.S. to turn themselves in, in El Paso, Texas. The writing on the wall reads, "Help us Jesus Christ." **REUTERS**

Critics including the American Civil Liberties Union accuse the UCP of being a "fascist militia" whose members illegally detain and kidnap migrants by impersonating law enforcement. New Mexico's Democratic governor,

Michelle Lujan Grisham, on Friday ordered an investigation of the group. She said "menacing or threatening migrant families and asylum-seekers is absolutely unacceptable and must cease."

The FBI in court pa-

pers said that while it was investigating allegations of "militia extremist activity" in 2017, witnesses accused Hopkins of saying the UCP was planning to assassinate Obama, former Democratic presidential candidate Clinton and

financier George Soros.

On Monday, Hopkins appeared in court in Las Cruces, New Mexico, to face charges of being a felon in possession of a firearm. The FBI said it found guns during a 2017 visit to his home.

Defense attorney Kelly O'Connell said Hopkins planned to plead not guilty and noted that the charges were unrelated to UCP's actions at the border.

"This is not even dealing with what's going on right here," O'Connell said.

UCP spokesman Jim Benvie previously said the group was helping the U.S. Border Patrol and publicizing the "border crisis." He was not immediately available for comment.

Crowdfunding sites PayPal and GoFundMe last week barred the group, citing policies not to promote hate or

violence, after the ACLU called the UCP a "fascist militia."

FBI Special Agent David Gabriel said in a criminal complaint filed on Monday that in October 2017 the agency received reports a militia was being run out of Hopkins' home in Flora Vista, New Mexico.

PISTOLS, RIFLES

When agents entered the home they collected nine firearms, ranging from pistols to rifles, that Horton was illegally in possession of

as he had at least one prior felony conviction, according to the complaint. The FBI said in court papers that in 2006, Hopkins was convicted of criminal impersonation of a peace officer and felony possession of a firearm, and that in 1996 he was also convicted on a firearms charge. **REUTERS**



Affinity Health Plan

**BECAUSE TRUST
IS IMPORTANT**

Child Health Plus
offers the benefits kids
need for a healthier future.

Call **866.206.1741** (TTY 711)

AffinityPlan.org/CHP



To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 855.5777.



REUTERS

A person in an Easter Bunny costume looks on as President Trump attends the 2019 White House Easter Egg Roll in Washington, D.C., on Monday.

On staff following orders, Trump says: 'Nobody disobeys me'

The Mueller report found instances of the president "exerting undue influence."

President Donald Trump dismissed questions from reporters on Monday about his staff's reluctance to carry out his orders and the chances of impeachment proceedings in the U.S. Congress, days after the Mueller report highlighted both issues.

The 448-page report from U.S. Special Counsel Robert Mueller on his investigation into Russian interference in the 2016 U.S. election revealed staff and associates sometimes ignored requests from Trump to deliver messages, including one to fire Mueller.

"Nobody disobeys me," Republican Trump said when asked if he was worried about his orders not being followed. He made the remark at the White House during an annual Easter celebration.

Mueller's report said that the 22-month investigation did not establish that the Trump campaign coordinated with Russians during the 2016 election campaign, but Mueller did find "multiple acts by the president that were capable of exerting undue influence over law enforcement investigations."

According to the report, White House Counsel Don McGahn had been on the brink of resigning when Trump told him to ask Deputy Attorney General Rod Rosenstein to fire Mueller. Trump then denied using the word "fire," according to McGahn's retelling to Mueller.

Trump lashed out at the report on Twitter later on Monday.

"Isn't it amazing that the people who were closest to me, by far, and knew the Campaign better than anyone, were never even called to testify before Mueller," Trump wrote.

Mueller's report drew upon interviews, notes and communications with Trump advisers. Trump's personal lawyer during the campaign, Michael Cohen, pleaded

guilty to crimes as did campaign chairman Paul Manafort and Trump's first national security adviser, Michael Flynn.

Asked on Monday whether he was concerned about the threat of impeachment on allegations of obstruction of justice as some Democrats have called for, Trump said, "Not even a little bit."

"Isn't it amazing that the people who were closest to me, by far, and knew the Campaign better than anyone, were never even called to testify before Mueller."

President Trump, on Twitter

U.S. Sen. Elizabeth Warren, who is running for the Democratic presidential nomination, on Friday said Congress should begin the process of removing Trump from office. Other Democratic leaders have played down talk of impeachment, just 18 months before the 2020 election.

Republicans have stood by Trump and while an impeachment effort might succeed in the Democratic-controlled House of Representatives, it was unlikely to do so in the Republican-led Senate. House Speaker Nancy Pelosi said on Monday House Democrats' views vary on how to proceed.

Trump, speaking from the White House balcony on Monday, returned to favorite topics of his by touting the strong United States economy and saying his administration was rebuilding the military "to a level never seen before."

"Our country is doing fantastically well, probably the best it has ever done economically," he said. REUTERS

CARING HAS A PLAN.
She has a name.
Her health plan
actually knows it.

**SEE WHAT'S POSSIBLE
WHEN HEALTH CARE
GETS PERSONAL.**



VILLAGECAREMAX

\$0 plan premiums*

up to **\$150**
monthly over-the-counter card

* Premium, co-pays, coinsurance and deductibles may vary based on the level of Extra Help you receive. Please contact plan for further details.

Are you getting the most out of your Medicare plan?

MEDICARE HEALTH INSURANCE

Name/Nombre
JOHN L SMITH

Medicare Number/Número de Medicare
1EG4-TE5-MK72
Entitled to/con derecho a
**HOSPITAL (PART A)
MEDICAL (PART B)**

Coverage starts/Cobertura empieza
03-01-2016
03-01-2016



Call to enroll or make an in-person appointment

1-800-469-6292 (TTY 711)

8 am to 8 pm, 7 days a week

villagecaremax.org

VillageCareMAX is an HMO plan with Medicare and New York State Medicaid contracts. Enrollment in VillageCareMAX depends on contract renewal. Service area includes the following counties: Bronx, Kings (Brooklyn), New York (Manhattan) and Queens. For accommodations of persons with special needs at meetings, call 1-800-469-6292 (TTY: 711). VillageCareMAX complies with Federal civil rights laws and does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. ATTENTION: Language assistance services, free of charge, are available to you. Call 1-800-469-6292 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-469-6292 (TTY: 711). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電1-800-469-6292 (TTY: 711). H2168_MKT19-14_M Accepted

Why Aren't Doctors Telling Knee Arthritis Sufferers About These Two Often Successful Treatments?

Two Advanced Medical Treatments Every Knee Arthritis Sufferer Needs To Know - Before Or After Knee Replacement Surgery

NYC - If you suffer with knee arthritis pain, you have probably already tried *many* treatments... especially countless pain medications. With minimal or no results

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis *a lot of knee arthritis sufferers have never heard of*.

Before we get into the two treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated thousands of knee arthritis sufferers. Patients travel from all over the state to be treated at one of their clinics because they want the best medical treatments available.

What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or on the internet.

Know this fact: There is no cure for arthritis. But there are *these* two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

#1 Viscosupplementation

Here's what you need to know about viscosupplementation - the good and the bad....

When you have arthritis, you suffer a decrease in the lubrication fluids in your knee. In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid."

Pharmaceutical companies (with the help of scientists) can now make synovial fluid-like compounds that... during viscosupplementation treatments... doctors

precisely inject directly into the knee joint.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the formula will not get into the knee joint and the treatment will not work.

That's why the experts at **NYC Pain MD** use advanced digital imaging so they visually guide the injection accurately into the knee joint during the treatment.

Research shows that performing joint injections without imaging miss the joint as much as 30% of the time.

If you have had prior viscosupplementation without this special digital imaging without good results - this may be the exact reason why.

That's why NYC Pain MD even takes it one step further. They do not just use one form of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation "medicines" also come in several different formulas.

Just like all medications, some people respond better to one than another. While many doctors only use one formula, the experts at NYC Pain MD use several and great effort is taken to figure out what the best one is for you.

What Should You Do If Viscosupplementation Fails?

#2 Radiofrequency Neurotomy

This treatment is called, "Radiofrequency Neurotomy." RF for short

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

Several branches of nerves that surround the knee are known as "Genicular nerves."

Radiofrequency waves are delivered to the Genicular nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

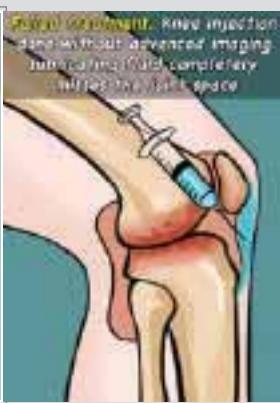
If this first "test" procedure is successful, Genicular Neurotomy (GRF) is performed for long term relief.

Is It Safe?

Research has shown this procedure to be safe and effective.

One study published November 4, 2010 in the journal *Pain* found that RF treated subjects on average "achieved at least 50% knee pain relief at 1, 4 and 12 weeks, respectively. No patient reported a post-procedure adverse event during the follow-up period. RF neurotomy of

Advanced Imaging Allows Doctors To Pin-Point Treatments And Relieve Knee Arthritis Pain



Science rescues knee arthritis sufferers? Research shows joint injections done without advanced imaging misses the joint about 30% of the time. Now doctors can put lubricating fluid directly into the arthritis joint that may alleviate pain and restore function to many.

What To Do Next If You Are In Pain

NYC Pain MD offers a limited number of complimentary knee arthritis screenings every month.

These screenings are a way for knee arthritis sufferers to get their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at **NYC Pain MD**. If you would like to schedule a screening, just call 877-380-8537.

The screenings fill up fast every month. This screening is no cost and there absolutely no obligation.

More good news: for qualified candidates, insurances and Medicare often cover these treatments.



877-380-8537



Affordable Housing for Rent

409 Eastern Parkway

56 NEWLY CONSTRUCTED UNITS AT 409 Eastern Parkway,
Brooklyn, NY 11216
Crown Heights

Amenities: Fitness center,* laundry room, roof deck, game room, courtyard, business lounge, office space, pet spa, kids room & bike room (*additional fees apply)

Transit: 2, 3, 4 & 5; Buses: B48 & B49

No application fee • No broker's fee • Smoke-free building

This building is being constructed through the Inclusionary Housing Program and is anticipated to receive a Tax Exemption through the 421a Tax Incentive Program of the New York City Department of Housing Preservation and Development.

Who Should Apply? Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection

- A percentage of units is set aside for:
 - Mobility-disabled applicants (5%)
 - Vision/Hearing-disabled applicants (2%)
- Preference for a percentage of units goes to:
 - Residents of **Brooklyn Community Board 8** (50%)
 - Municipal employees (5%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ Minimum – Maximum ⁴		
Studio	\$1,168	5	→	1 person	\$42,000 - \$58,480		
				2 people	\$42,000 - \$66,800		
1 bedroom	\$1,254	23	→	1 person	\$45,018 - \$58,480		
				2 people	\$45,018 - \$66,800		
				3 people	\$45,018 - \$75,120		
2 bedroom	\$1,511	7	→	2 people	\$53,863 - \$66,800		
				3 people	\$53,863 - \$75,120		
				4 people	\$53,863 - \$83,440		
				5 people	\$53,863 - \$90,160		
100% Area Median Income Level (AMI) Unit	\$1,772	4	→	1 person	\$62,709 - \$73,100		
				2 people	\$62,709 - 83,500		
120% Area Median Income Level (AMI) Unit	\$2,292	12	→	1 person	\$80,606 - \$87,720		
				2 people	\$80,606 - \$100,200		
				3 people	\$80,606 - \$112,680		
				2 people	\$96,652 - \$100,200		
				3 people	\$96,652 - \$112,680		
	\$2,759	5	→	4 people	\$96,652 - \$125,160		
				5 people	\$96,652 - \$135,240		

¹ Rent includes gas for cooking. Tenant is responsible for electricity.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **June 25, 2019**.

Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 25 de junio 2019.

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版本, 请将您的回邮信封寄至: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2019 年 6 月 25 日。

Русский Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке свяжитесь с консультантом с обратным адресом: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 25 июня 2019.

한국어 nyc.gov/housingconnect에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217으로 보내주시십시오. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오. 2019년 6월 25일까지 온라인 신청서를 제출하거나 소인인 척한 신청서를 보내야 합니다.

Kreyòl Ayisyen Aplike sou entenèt sou siteweb nyc.gov/housingconnect. Pou resewyon yon tradiksyon ayisyen sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, veye anpò ki gen adres pa retounen li nan: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217. Nan deyè anpò la, ekrí mo "HATIAN CREOLE" an Angle. Ou dwe remet aplikasyon yo sou entenèt oswa ou dwe tenbre yo anvan dat 25 jen 2019.

العربية تقدم بطاقات على موقع nyc.gov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولتحقيق الطلب الورقي، أرسل ملحوظة يحمل اسمك و عنوانك إلى: 409 Eastern Pkwy, C/o FAC 621 Degraw Street, Brooklyn, NY 11217. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال ملحوظة عن طريق البريد قبل 25 يونيو 2019.

Mayor Bill de Blasio • HPD Commissioner Eric Enderlin



Affordable Housing for Rent

409 Eastern Parkway

56 NEWLY CONSTRUCTED UNITS AT 409 Eastern Parkway,
Brooklyn, NY 11216
Crown Heights

Amenities: Fitness center,* laundry room, roof deck, game room, courtyard, business lounge, office space, pet spa, kids room & bike room (*additional fees apply)

Transit: 2, 3, 4 & 5; Buses: B48 & B49

No application fee • No broker's fee • Smoke-free building

This building is being constructed through the Inclusionary Housing Program and is anticipated to receive a Tax Exemption through the 421a Tax Incentive Program of the New York City Department of Housing Preservation and Development.

Cain withdraws from consideration for Federal Reserve seat

Cain's bid for president in 2012 was derailed by accusations of sexual harassment.

President Donald Trump said on Monday that businessman and former presidential candidate Herman Cain had withdrawn from consideration for a seat on the Federal Reserve Board.

Four Republican senators voiced opposition to Trump's expected nomination of Cain in recent weeks, likely enough to deny Cain the support he needed to secure Senate confirmation for the post.

Economists and critics have expressed concerns about loyalists of Trump serving on the traditionally nonpartisan central bank.

"My friend Herman Cain, a truly wonderful man, has asked me not to nominate him for a seat on the Federal Reserve Board. I will respect his wishes."

President Donald Trump

Governors in Washington.

But Cain had vowed to fight on in several interviews, and had said he was under attack as a nominee because he is a conservative. Cain's bid for president in 2012 was derailed by accusations of sexual harassment that he has repeatedly denied.

"My friend Herman Cain, a truly wonderful man, has asked me not to nominate him for a seat on the Federal Reserve Board. I will respect his wishes." Herman Cain, a truly wonderful man, has asked me not to nominate him for a seat on the Federal Reserve Board. I will respect his wishes. Herman Cain is a great American who truly loves our Country!" Trump said in a Twitter post.

Cain did not immediately respond to a request for comment on Monday.

Central bank independence from short-term politics is seen as important to prevent influence

DO YOU WANT A MORE DEFINED

JAWLINE?

A clinical research study is being conducted for adults seeking treatment to restore jawline definition.

QUALIFIED PARTICIPANTS MAY RECEIVE:

- Compensation for time & travel
- Study-related care at no cost

TO QUALIFY, PARTICIPANTS MUST:

- Be at least 22 years old
- Have a jawline/chin area that is free of tattoos, piercings, scars, prior implants, injections, or alterations of any kind
- Not be pregnant or nursing

For additional information and participation, contact:
Cheryl Karcher, MD • Center Aesthetic and Dermatology
(212)433-3344 / mserra327@gmail.com



REUTERS

Herman Cain.

that could lead to runaway debt, hyperinflation and financial instability.

Trump elevated Jerome Powell to Fed chairman a year ago but has frequently criticized him for the U.S. central bank's interest rate increases.

The central bank's

other top policymakers head the Fed's 12 regional banks and are chosen by local boards of directors, not the U.S. president.

Cain, the former head of the Godfather's Pizza restaurant chain, had served as chairman of the Kansas City Fed's board

in the mid-1990s in a role that also provides the regional bank with input on the local economy.

The Fed in March brought a three-year rate-hike cycle to an abrupt end as it abandoned projections for any further increases this year.

REUTERS

Call today to connect with a SENIOR LIVING ADVISOR

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

A Place for Mom has helped over a million families find **senior living solutions** that meet their **unique needs**. Our Advisors are **trusted, local experts** who can help you understand your options.

UNDERSTAND YOUR OPTIONS

Learn the different types of senior care available

LOCAL KNOWLEDGE

Our Advisors have the local knowledge to help you hand-pick communities in your area

SIMPLIFY

Your dedicated Advisor will simplify your search and help schedule tours

EXPERIENCE

Our Advisors help thousands of families understand their options every day



aPlaceforMom.

There's no cost to you!

(800) 216-3930

! We're paid by our partner communities

Joan Lunden, former host of *Good Morning America* and senior living advocate.



YOUR LEGS DON'T HAVE TO SUFFER!



- VARICOSE VEINS
- SPIDER VEINS
- LEG ULCERS
- LEG SWELLING
- BURNING
- ITCHING
- RESTLESSNESS

Personal & discrete care
delivered directly
by Ronald Lev, MD

**Certified by the American
Board of Venous and Lymphatic
Medicine**

**We Accept Most Health
Insurances including Medicare**

Minimally invasive procedures

**CALL TODAY!
212.204.6501**



111 John St, Ste 1450
(bet Cliff & Pearl St)
New York, NY 10038
369 Lexington Ave, Ste 18 A
(bet 40th & 41st St)
New York, NY 10016

TreatmentsOfManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

NBA star Hassan Whiteside allegedly embezzled by attorney Avenatti

The Miami Heat center allegedly made a \$2.75 million payment to Avenatti.

Miami Heat center Hassan Whiteside was allegedly embezzled out of \$2.75 million by attorney Michael Avenatti 27 months ago, the Los Angeles Times reported.

Alexis Gardner, a former girlfriend of Whiteside, retained Avenatti to negotiate a potential lawsuit against Whiteside and Avenatti struck a \$3 million deal.

Whiteside made an initial \$2.75 million payment to Avenatti in January 2017 but none of the money was passed on to Gardner, according to the report.

Avenatti was entitled to just over \$1 million in legal fees but hid the payment from Gardner,

according to prosecutors, and took \$2.5 million to buy a share of a private jet.

Avenatti was indicted on April 10 by a grand jury in Santa Ana, Calif. Gardner is one of five people who had money stolen from them by Avenatti, prosecutors said.

According to prosecutors, Avenatti repeatedly told Gardner that Whiteside wasn't making his payments. Eventually, Avenatti made 11 payments to Gardner over a 15-month period — always misrepresenting them as a payment from Whiteside — totaling \$194,000 before stopping in June 2018.

On Sunday, Avenatti commented on his Twitter account, saying in part:

"I look forward to all the details coming out regarding Hassan Whiteside's settlement, the



Miami Heat center Hassan Whiteside. REUTERS

"It is unfortunate that something that was meant to be kept private between us is now being publicly reported."

Whiteside, in a joint statement released by his agent

money received by the client, the money deducted for fees and costs, etc. and the reason why he paid

the money."

The reason for a \$3 million settlement isn't publicly known and Whi-

teside offered no explanation in a joint statement provided to the Los Angeles Times.

"We entered into a mutually agreed upon settlement more than two years ago following the end of our relationship; a settlement that reflected Alexis' investment of time and support over a number of years as Hassan pursued a career in the NBA," Whiteside and Gardner said in a statement released by Whiteside's agent.

"It is unfortunate that something that was meant to be kept private between us is now being publicly reported. We have both moved on amicably and wish nothing but the best for each other."

Last month, Avenatti was charged with attempting to extort up to \$25 million from Nike by threatening to expose misconduct by Nike employees involving payments to

college basketball players. He mentioned former Arizona center Deandre Ayton and Oregon big man Bol Bol as players who received money from Nike as recruits.

About 10 days later, Avenatti said the mother of Duke star Zion Williamson was paid by Nike for "bogus consulting services" as part of the deal to get Williamson to choose the Blue Devils.

Avenatti jumped into the public eye when he was the attorney for adult-film star Stormy Daniels during her legal battles with President Donald Trump. He and Daniels parted ways earlier this year.

Whiteside, 29, just completed the third season of a four-year, \$98 million contract. He averaged 12.3 points and 11.3 rebounds in 72 games (53 starts) this past season.

REUTERS

Check Out Our Great CD Rates!

6 Month CD*
2.15%
APY

1 Year CD*
2.50%
APY

Visit one of our conveniently located branches to open your account today!

Apple Bank 

Established 1863 · Member FDIC

www.applebank.com

Annual Percentage Yields (APYs) disclosed are effective as of 1/1/2019 and may be changed by the Bank at any time. *CDs require a \$1,000 minimum balance to open and earn interest. Early withdrawal penalty may apply. CDs must be opened in person at an Apple Bank branch. Offer may be withdrawn at any time without prior notice.

EDUCATION

Schools are offering shorter, specialized programs that can be done online. In some cases, companies are picking up the tab for their employees.

MICHAEL MARTIN
letters@metro.us

One of the obstacles to getting an MBA has always been time. Getting an advanced business degree often means taking time away from the job in which you want to grow. And in today's all-consuming work culture, who can afford to take a break? As the cost of higher education grows, that time has become even more expensive.

It's perhaps unsurprising, then, that ap-

Business schools, companies getting creative to stem decline in MBA enrollment



PROVIDED

plications to full-time, two-year MBA programs were flat in 2018 after four years of decline, according to the Graduate Management Admission Council. Seventy percent of U.S. business schools reported a slide in enrollment last year.

But creative MBA programs are springing up across the country, hoping to buck that trend.

Some schools offer degrees that require less time to complete, can be taken online, or concentrate on relatively new specialties like data analytics. Others have customized programs for certain companies, the Philadelphia Inquirer reported last week.

Drexel University in Philadelphia has created an MBA program espe-

cially for investment firm Vanguard. The company pays for employees to take the course, which meets three times a week for two hours near its HQ in Malvern, Pennsylvania. Since the program started in 2014, 100 Vanguard employees have gotten degrees. Some give the initiative high marks for convenience. "Vanguard

and Drexel have created a good and seamless transition for us with the satellite campus and flexible working schedules," Emily Magee, an education consulting services manager at Vanguard, told the Inquirer. "The peer group has positively impacted me the most. We've been able to discuss course-related and work-related topics, sometimes simultaneously, allowing us to strengthen our performance at school and work."

Coast to coast, top business schools are loosening up. Like Drexel, Stanford and NYU will work with companies to develop MBA programs for their employees. Cornell allows its MBA students to create customized immersion programs in their particular field. Harvard now offers an accelerated leadership development program it's

billing as an alternative to a rapid-fire MBA; the course lasts six months, and half the sessions are done remotely.

And the flexibility doesn't necessarily come with a premium: In Harvard's case, the leadership program costs \$52,000 — well below the average cost of a two-year MBA, which stands at about \$60,000.

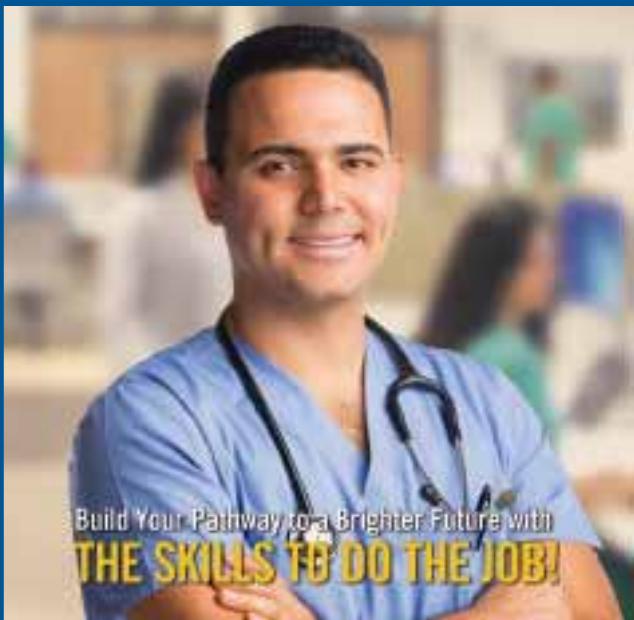
Online MBA programs are also booming, and student satisfaction is high, experts say. "It's common for more than half the students to attribute a raise or a promotion at work as a direct result of their online program," wrote John Byrne of PoetsandQuants.com, a site that covers business schools, in Forbes on Friday. "Even more surprising, 40 percent or more of the students say they have changed jobs entirely thanks to their online degrees."

Division of
Continuing Education &
Workforce Development
Hostos

CUNY

The Allied Health Career Pipeline Program

Join us at our Information Session If you are eligible, our healthcare trainings are **FREE**



Information Session

Wednesday, April 24th at 4:30pm and 6:00pm

427 Walton Avenue, Bronx, New York 10451

Healthcare trainings include:

- Certified Nursing Assistant (CNA)*
- Health Information Technician (HIT)**
- Home Health Aide (HHA)
- Patient Care Technician (PCT)**

(PCT is only available to our current CNA students)

*Licensed New York State Nurse Aide Certification

Eligibility Requirements:

- Be at least 18 years of age
- Meet income requirements
- Authorize to work in the US
- Consent to a background check
- Take TABE Test in Reading & Math

**National Healthcareer Association Certification

Call Now! 718-664-2548

email Pipeline@Hostos.cuny.edu

www.hostos.cuny.edu

HPOG is a study funded by the federal government which is being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate in these opportunities. This document is supported by Grant #90FX0039 from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS.





ALL PHOTOS ISTOCK

Celebrate World Book Day 2019!

Put down your phone and tablet for a couple hours to get lost in a new book.

PAT KING
patrick.king@metro.us

While yesterday was a day to celebrate and respect the planet where we reside, today marks a day of recognition for those worlds we create in our imaginations, otherwise known as World Book and Copyright Day.

Originally started in 1995 by the United Nations Educational, Scientific and Cultural Organization (UNESCO), World Book Day was founded to promote reading and the creativity behind each book's publication, as well as copyright.

Every year, World Book and Copyright Day falls on a pretty significant date in the history of literature, as William Shakespeare, Miguel Cervantes and Inca Garcilaso de la Vega all passed away on April 23. The importance of this date was resoundingly agreed upon at UNESCO's first General Conference in Paris in 1995, when they made the decision to recognize World Book Day as a way to pay tribute to books and their authors. The organization is emphatic in its support and describes books as the "most beautiful invention for sharing ideas beyond the boundaries of humanity, space and time, as well as the most powerful forces of poverty

eradication and peace building."

"In these turbulent times, books embody the diversity of human ingenuity, giving shape to the wealth of human experience, expressing the search for meaning and expression we all share, that drive all societies forward," said Audrey Azoulay, director-general of UNESCO, in a release. "Books help weave humanity together as a single family, holding a past in common, a history and heritage, to craft a destiny that is shared, where all voices are heard in the great chorus of human aspiration."

Azoulay also outlined that the translation of books into different languages can help us to understand

Division of
**Continuing Education &
Workforce Development**
Hostos Community College

Hostos College for Kids

**SPRING BREAK
BASKETBALL
CAMP**



No Plans for the Spring?
Train and enhance your child's skills under Head Coach DeVerne Winston, CYNAC two Time Coach of the Year 2016-2019.

Our youth basketball camp focuses on the details of the game with the purpose of giving young players the foundation to develop skills and techniques.

April 22-26, 2019, Monday-Friday, 9:00am-3:00pm
Girls & Boys, Ages 6-17, \$199.99
Hostos Gymnasium, 3rd Floor,
500 Grand Concourse, Bronx, New York

**Register Early!
Secure Your Spot Today!!!**
718-514-7103

*Early Dropoff/Late Pickup +\$49.99

Hostos College for Kids **SUMMER ACADEMY**

**July 1-August 8, 2019
Monday - Thursday
8:00am - 6:00pm \$1,599***

- 6-week program
- Kids and Teens
- Ages 5-14
- Academics & the Arts
- Recreational Swimming
- Health & Fitness

*Early Bird Special \$1,499 per child before May 8, 2019. \$100 deposit due upon registration (non-refundable). All Payments due by June 20, 2019. Sibling discount: 25% off regular registration (\$400 savings).

Register Now!
Call 718-514-7103

www.hostos.cuny.edu/Continuing-Ed/Register
Tel 718-514-7103 Fax 718-518-6744 cedu@hostos.cuny.edu
560 Exterior Street, Bronx, New York 10451



www.hostos.cuny.edu/Continuing-Ed/Register

Tel 718-514-7103 Fax 718-518-6744 cedu@hostos.cuny.edu
560 Exterior Street, Bronx, New York 10451

"Books help weave humanity together as a single family, holding a past in common, a history and heritage, to craft a destiny that is shared, where all voices are heard in the great chorus of human aspiration."

Audrey Azoulay, director-general of UNESCO

cultural differences and grow closer as members of the international community.

"Books are also a form of cultural expression that lives through a chosen language," Azoulay explained in the release. "Each publication is created in a separate language and is intended for a language-specific reading audience. A book is thus written, produced, exchanged, used and appreciated in a linguistic and cultural setting. This year, we highlight this important dimension because 2019 marks the International Year of the Indigenous Languages, led by UNESCO,"

CO, to reaffirm the commitment of the international community in supporting indigenous peoples to their cultures, knowledge, and rights. This day provides an opportunity to reflect together on ways to better disseminate the culture of the written word and to allow all individuals, men, women and children to access it."

The day is celebrated on the same date for every country recognized within the United Nations except for the U.K. and Ireland, which moved the official date to March and still recognize the 23rd with a charity event called World Book Night. Swe-



den also moved its national book day, back in 2000, to April 13.

While it is easy to lose yourself to convenience by endlessly scrolling on your phone or tablet, we should use this day to not take books for granted.

Make sure to pop into your local library or bookstore on your commute to or from work and pick up something mysterious and exciting. It will help you to remember that there is no greater joy than getting lost in a new book.

metro® Sweepstakes



You could win a vacation for two to
PALM BEACH, FLORIDA!

A \$2,780 VALUE

Enter at metro.us/winstuff

for a chance to win:

- A three night stay at The Brazilian Court Hotel including a complimentary bike rental for two
- Round-trip coach class air transportation for two
- A four-day midsize car rental

THE BRAZILIAN COURT
PALM BEACH

VISITFLORIDA

Looking for a vacation with memories you'll keep forever? Then find your way to 825 miles of beaches, world famous theme parks, natural wonders and more. Your sunshine knows how to get there.

Follow your sunshine. Enter today at metro.us/winstuff



ENTER BY APRIL 30, 2019

DID YOU

Deliver a baby?
Deliver the mail?
Deliver pizza?
It's called

EXPERIENTIAL LEARNING

Earn college credit
(up to 2 years) towards
a fully-accredited CUNY BA.

It may even cost you nothing.
(Excelsior Program)

For more information
<https://ares.mec.cuny.edu/admissions>

718.270.6024
mecadmissions@mec.cuny.edu



HORACE MANN SCHOOL

Bronx, New York

Notice of Nondiscriminatory Policy as to Students

Horace Mann School adheres to a long-standing policy of admitting students of any race, color, gender, sexual orientation, national or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the School. It does not discriminate on the basis of race, color, gender, sexual orientation, national or ethnic origin in administration of its educational policies, financial aid, athletic or other school-administered programs.





the GRUMBLE

sudoku

EASY

3	7		8		4	
8			2	6		9
4	9				5	
6	4	3	7			
9		3	6		8	4
			4	5	2	3
	6				1	4
3		7	9			8
8		1			5	3

<http://1sudoku.com>

n° 111025 - Level Easy

6		8		2	5	
		6	5			8
7		8				2
4			3	9	8	
7		3			4	2
		6	2	4		1
2				5		8
9			6	1		
	4	7			9	1

<http://1sudoku.com>

n° 227577 - Level Medium

VENT TO US! GRUMBLE@METRO.US

READER WRITE-INS:

THE GYM IS A PLACE TO UNPLUG

I will never understand why people at the gym find it necessary to sit on machines and watch videos and look at pictures while other people are waiting to use the machines. Additionally, people put their phones on the floor near the machines and on the mat in the stretch area; it's like walking through a minefield trying not to step on a phone. The idea of going to the gym is to "unplug" and nurture your body and mind. Unless you are a doctor waiting to be summoned to respond to an emergency, leave your phone in your locker. You will survive an hour without it.

— Anonymous, Metro US reader



ISTOCK

metro.us/horoscopes



Aries Making travel plans, engaging in educational pursuits or asking for expert advice will bring you wisdom and clarity regarding a situation or individual you are dealing with or concerned about.



Taurus Don't reveal secrets or give anyone information that will put you in a vulnerable position. Do what you do best and take care of your responsibilities.



Gemini Promises aren't made to be broken, so only offer what you know you can deliver. Make helping others a priority, along with doing things for yourself. Romance is in the stars.



Cancer Look for an opportunity to implement a positive change in your life. Getting along with your peers or boss may not always be easy, but today it will be necessary.



Leo It's OK to stand on the sideline and observe. Embracing a change for which you are unready will not make your life easier. Let situations develop further before you take action.



Virgo Get in the game and play to win. Refuse to let an emotional issue cost you time and energy that would be better spent doing something constructive.



Libra Look over personal papers and make adjustments to them. An emotional problem will escalate if you aren't quick to fix any misunderstanding or rumor before it's too late. Self-improvement should be a priority.



Scorpio It doesn't pay to fret over something you have little influence over, when you should be using your time to make positive changes in your life, relationships and thought processes.



Sagittarius Be honest when dealing with others. State facts and make your point clear. Don't leave any room for misunderstandings. Domestic matters should be taken care of personally.



Capricorn Be careful when it comes to money matters, donations and dealing with institutions or officials. Make sure you have your personal documents in order. A change at home looks promising.



Aquarius Be flexible until you reach your goal. How you deal with others and go about your business will make a difference. An opportunity is heading your way.



Pisces Don't lose sleep over the actions of others. A lack of credibility and honesty prevails, so be careful not to pass along information you receive unless you can verify its authenticity. EUGENIA LAST

SIGN-UP FOR
FREE

MEMBERSHIP MADNESS!

Sign up today & get a Free Play reward,
up to \$1,000. New members also get
a slot tournament entry and lots more!

Details: rwnewyork.com/promotions

Resort World
CASINO
NEW YORK CITY

Must Be 18 Years Of Age Or Older To Play The New York Lottery Games. Please Play Responsibly. 24-Hour Problem Gaming Hotline: 1-877-8-Hopeny (846-7369).



The festival begins tomorrow and runs through May 5.



PAT KING
patrick.king@metro.us

This Wednesday marks the beginning of the 2019 TriBeCa Film Festival. Every year, the festival showcases some of the best young talents in the film and television industry while hosting special anniversary screenings and thought-provoking talks with legends from both mediums.

This year is no different, with a stacked roster from tomorrow's opening curtain to the closing night screening of Danny Boyle's new film "Yesterday" on Saturday, May 4. We spoke with festival EVP of Communications and Programming Tammie Rosen to see why TriBeCa is so special and to get some of her must-see picks for this year's festival.

"I think the thing about TriBeCa is that you never know what to expect," explains Rosen. "There is a true sense of discovery here. This festival was the first to discover Damien Chazelle and Ryan Coogler. We premiered both of their first films... We think that the idea is really about talent discovery. So, go in for something that you know nothing about because you never know who is going to be the next Oscar-winning director who you experience at the festival, or award-winning documentary."

Four great films to check out at the TriBeCa Film Festival 2019



Former champion Takeru Kobayashi (R) and reigning champion Joey Chestnut look on at the Nathan's Famous Fourth of July International Hot Dog Eating Contest official weigh-in ceremony on July 2, 2009, in New York City. MARIO TAMA



"The Apollo"

Would there be a better way to open the festival than by holding a screening of the documentary "The Apollo" at the legendary venue itself? Academy Award-winning director Roger Ross Williams takes a look back at this historic theater from its foundation in 1934 up until the staging of Ta-Nehisi Coates' acclaimed book "Between the World and Me."

Screenings

- Wednesday, April 24, 7 p.m., The Apollo Theater
- Saturday, April 27, 12:15 p.m., Regal Cinemas Battery

Park

- Monday, April 29, 6 p.m., SVA Theater 1 Silas

"The Good, the Bad, the Hungry"

This ESPN documentary, directed by Nicole Lucas Haimes, goes through the storied rivalry between competitive eating's greatest sworn enemies, Japan's Takeru "Kobi" Kobayashi and Californian Joey Chestnut. The film shows the lead-up as they go head-to-head at the Nathan's Hot Dog Eating Contest.

Screenings

- Friday, April 26, 6 p.m., Stella Artois Theater at BMCC TPAC
- Saturday, April 27, 4 p.m., Regal Cinemas Battery Park
- Sunday, April 28, 12:30 p.m., Regal Cinemas Battery Park
- Saturday, May 4, 6:45 p.m., Village East Cinema
- Saturday, April 27, 8 p.m.,

"The Kill Team"

Directed by Dan Krauss, this harrowing film is his narrative adaptation of the documentary that won him Best Documentary at TriBeCa back in 2013. Starring Nat Wolff and Alexander Skarsgård, the film follows an infantryman during the war in Afghanistan who must decide whether or not to report his commanding officer for acting outside the rules of engagement. "For him to come back with this at TriBeCa feels very fitting in terms of having a playground for filmmakers to return [to] and keep doing different things," says Rosen of her excitement on welcoming Krauss back to the festival.

"For him to come back with this at TriBeCa feels very fitting in terms of having a playground for filmmakers to return [to] and keep doing different things," says Rosen of her excitement on welcoming Krauss back to the festival.

Stella Artois Theater at BMCC TPAC

- Sunday, April 28, 8:45 p.m., Village East Cinema
- Monday, April 29, 9:30 p.m., Village East Cinema
- Thursday, May 2, 6 p.m., SVA Theater 1 Silas

"A Day in the Life of America"

This debut documentary from Jared Leto is sure to blow some minds upon its premiere at TriBeCa. Leto set up 50 different camera crews at 50 different Fourth of July parties across the country to get a sense of who we really are as a country at this moment in history.

"This is everything that you need to know about America right now," says Rosen. "What you get is this very difficult at times survey of the country where you have joyfulness in Maryland, with people celebrating

on the beaches, and then people in Chicago who you don't know whether or not there are fireworks or gunshots, then you see people in Middle America hanging out in their KKK outfits having a barbecue. You see what normalcy is and a true slice of life about America. I think, as we lead up to the 2020 election, seeing this and understanding who makes up this country in a non-sensationalized way but in a true visage of a day in the life is so important."

Screenings

- Saturday, April 27, 3 p.m., Stella Artois Theater at BMCC TPAC
- Sunday, April 28, 3:45 p.m., Regal Cinemas Battery Park
- Thursday, May 2, 9:45 p.m., Regal Cinemas Battery Park

For ticket and badge information, head over to tribecafilm.com.

EXPERT ADVICE

CRUISE.COM

LOWEST PRICE

***Free Pre-Paid Gratuities, Free Upgrades plus up to \$1700 Onboard Spending & More!**

Celebrity Cruises 7-Day Alaska \$399*	NORWEGIAN CRUISE LINE 7-Day Bermuda \$499*	ROYAL CARIBBEAN 7-Day Bahamas \$589*	Carnival 7-Day U.S./Canada \$589*	PRINCESS CRUISES 10-Day Panama Canal \$799*	Holland America Line 12-Day Mediterranean \$899*
Ocean View 499*	Double 599*	Ocean View 609*	Ocean View 779*	Ocean View 879*	Ocean View 989*
Inside 549*	Inside 649*	Inside 779*	Inside 1199*	Inside 1319*	Inside 3329*

800-395-6851

Open 7 Days a Week

Prices are per person cruise only and may reflect reduced rates on select settings. Certain restrictions apply. Gov't taxes and fees are additional. Prices include NCF. Prices are quoted in US dollars. All itineraries and prices are current at time of printing and are subject to change without notice. All exclusive deals are per cabin on select settings. CST #2015595-56

vacation.com Agency of the Year

'All I Can Say' is an immersive view into the life and world of an artist navigating the 1990s

The new documentary, shot entirely by late Blind Melon singer Shannon Hoon, premieres Friday at the TriBeCa Film Festival.



JAMES CASE
letters@metro.us

Shannon Hoon, the lead singer of Blind Melon, routinely filmed himself from 1990 to 1995. The footage captures the sum trajectory of Hoon's career. It begins with his roots in rural Indiana, follows his move to Los Angeles, where he forms Blind Melon, and watches their stars rise as they become emblematic figures of music video culture. All the while, Hoon navigates the trappings of substance abuse, which

ultimately took his life. The film begins and ends with footage that Hoon captured on the day that he died of an overdose.

Danny Clinch, Taryn Gould and Colleen Hennessy, the film's directors, elected to not present the material accompanied by the typical crutch of talking heads. This is not a typical rock documentary. The film is entirely shot by Hoon and seen from his effusive and endearing perspective and has an absorbing abstract tone. It's clear the group cared deeply about Hoon and presented this deftly edited and extremely personal footage in mind of Hoon's life's truth. Clinch "cut his teeth" as a music photographer with Blind Melon and they were the first to offer him unfettered access.

"It meant so much to me and I wanted to honor the band and the people who contributed to it," Clinch said.

Backstage hangouts and footage of the band performing are interspersed with experimental footage. "Being impressionistic and artful in some of these sequences was really important to us and it was clear Shannon was with us," Clinch said. The film serves as a union of Hoon's life and his art, and we watch Hoon develop this aesthetic while we watch his life change. "He was videotaping himself before he was famous, until the day he actually died," said Clinch. The dawn of a self-documenting generation begins as a member of the band posits, "You can get your

whole life on video now. No one before us could do that."

Additional footage paints the backdrop of 1990s culture — Hoon films the television as it shows the Rodney King riots and the announcements of the deaths of Jerry Garcia and Kurt Cobain. The memory surfaces that people who had a high profile were still inaccessible back then. Hoon hangs out backstage with Slash and Axl Rose shortly after he moves to L.A. and nobody is taking selfies with anyone.

"Shannon was unafraid and would film anything in any way," Clinch said.

Things take a turn as Blind Melon progress from L.A. outsiders to

MTV stalwarts with the song "No Rain" and its music video that explodes in popularity, raising the band's profile in turn. As their artistic lives immediately become more commodifiable, the realities of fame and expectation begin to weigh on Hoon. "When you have a hit like 'No Rain,' it becomes a blessing and a curse. Every journalist they meet and every fan and everyone is talking the same thing and they're talking about the bee girl and the video and that stuff gets overwhelming after a while," Clinch says.

The film is a thoroughly thought-provoking and meditative take on mortality and the nature of artistic ambitions. The audience knows from the very

beginning that Hoon will die, and precisely when. This foreknowledge gives a unique inside view on temporality and the unimagined consequences of realizing your ambitions. Hoon mentions wanting to work more in film and develop himself further creatively, and all the while, we can see from the date in the bottom-right corner that he only has a finite number of days left in his life.

The filmmakers wisely employ no voices or narrator telling you what parts of Hoon's life are important or what they think you should know. Hoon's life is presented just as he saw it, and the audience is left to look and listen in wonder at something only as it really was.



PROVIDED BY THE
TRIBECA FILM FESTIVAL

Manhattan Best Dental Care

Thanks To The High Volume Of Satisfied Patients We Could Reduce Our Prices Again!

Interest Free Payment Plans From \$0 Down

A beautiful and healthy smile has never been more affordable

Up to 50% OFF

80-45 Kew Gardens Rd.
Kew Gardens, NY 11415
(718) 261-2005

1623 3rd Ave., Suite # 204
New York, NY 10128
(212) 722-4088

Call for Free Consultation www.manhattanbestdentalcare.com

ARE YOU OR A LOVED ONE SUFFERING FROM MAJOR DEPRESSIVE DISORDER?

A research study is being conducted to evaluate an investigational product to be used for the treatment of Major Depressive Disorder (or MDD)

You or someone you care about may be eligible to participate if you meet the following criteria:

- Have a diagnosis of MDD
- Are between the ages of 18 and 65 years

Qualified participants will receive:

- Study-related care and exams at no charge
- Compensation for time and travel

PLEASE CALL
718-873-3804
FOR ADDITIONAL INFORMATION

 **SYNEXUS**
Together for the future of health

'Charlie Says' director Mary Harron on understanding the Manson Family

The film premieres Thursday at the TriBeCa Film Festival.



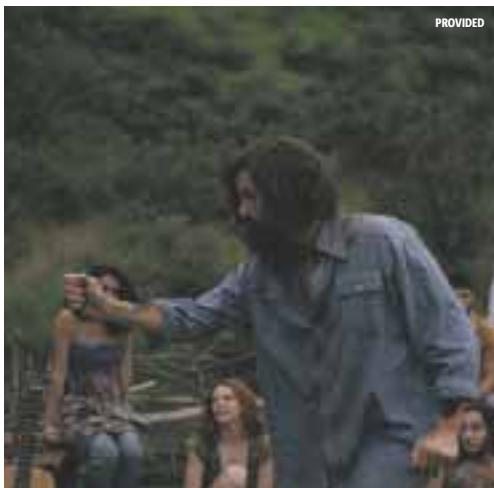
PAT KING
patrick.king@metro.us

One of the most chilling movies to premiere at this year's TriBeCa Film Festival is the new feature "Charlie Says" that deals with the inner workings of the Manson Family before their infamous murders that brought an end to the spirit of the '60s.

The film stars "Dr. Who" 's 11th doctor, Matt Smith, in a truly mesmerizing performance as Manson and follows the point of view of one of his followers Lucy Van Houten, played by Hannah Murray of "Game of

Thrones," who ended up partaking in the horrific murders of Sharon Tate and her unborn child as well as many others. The film was adapted from the book written by Karlene Faith and directed by "American Psycho" and "Alias Grace" director Mary Harron. We spoke with Harron ahead of the film's premiere at the TriBeCa Film Festival about understanding the long, ugly shadow of the Manson Family.

This movie puts the viewer in the headspace of Manson's followers. What was it like exploring that perspective?
I think that was what was most interesting to me. I thought, if you're going to do it, then you have to go and really follow the journey of the women



who really were involved with these crimes. Sometimes people take the Linda Kasabian [a famous member of the Manson Family] story, who was the one who turned in case evidence and didn't participate in the murders. That, to me, wasn't interesting. You really want to take on the difficult issues of people that you like, if you follow their stories and end up doing these horrific things and you ask, "How did this happen?"

Why do you think this story is so relevant after so many years?
Anybody of my generation who was a teenager during these things, it's part of our DNA, really. There is a lot of fascination of how this could have happened, how could this lovely hippy culture end up this way — at least with the darkest manifestation of it. I think there is a lot of fascination with cults because it's the idea of you and me or

sisters and brothers and children, regular people, joining groups and then becoming transformed into a group mind, in some cases doing terrible things, whether it's people accepting suicide or people being asked to commit awful crimes. How do people get to this point? Because it's still happening!

I worked with a lovely young woman, Allison Mack, who turned out to be a part of that NXIVM cult that is currently on trial. I actually worked with her and she was very nice! I think we're always fascinated with things that we can't quite solve. That to me, is the most interesting mystery. Not who did it, because we know who did it. But, how did they come to it?

One thing that is truly prevalent with Charles Manson, and other manipulative figures throughout history, was his innate sense that he could sense people's vulnerabilities and capitalize on it. Do you think that is why he was such a magnetic character?
Yes. I had already read cer-

tain books years ago and Guinevere [Turner, the film's screenwriter] had done a lot of research. It was most interesting to me, actually reading the books written by the followers. What I was interested in was the real texture of their experiences. What was the day-to-day life like of the cult? I remember very early on, before I even took this project on, I was having lunch with Guinevere and she was telling me about the script that she was writing. I wasn't even attached to it. I asked her, "How did he get them to do these terrible things?" and she said, "Step by step." We were trying to capture that in this film, that slow evolution. Little by little, your autonomy is worn away. Which also happens, I think, in domestic abuse. You meet someone who is very charming and charismatic and then enter a relationship — and they can be a super smart and intelligent, capable person — and step by step, they lose themselves and end up abused, dominated and lose their own will.

APRIL SPECIALS ALL MONTH LONG!

\$500 OFF WITH THIS AD

FRANCIS NY PLASTIC SURGERY

114 EAST 71ST STREET • 212-226-0677

Between Park & Lexington Avenues • www.francisnyplasticsurgery.com



Brazilian Butt Lift - Fat Grating
Buttock Implants
Calf Implants
Breast Augmentation
Breast Lift
Breast Reduction
Breast Reconstruction
Liposuction
Smart Lipo
Body Lifts
Arm Lifts
Face Lifts - Eyes - Neck
Tummy tucks - Mini & Full
Nose Reshaping
Lip Plumping
Botox - Sculptra - Juvederm
Dysport - Restylane - Radiesse
Affordable Cosmetic Surgery
0% Financing Available
Surgical Center On Site
With Certified Staff
Quick & Safe Anesthesia
FREE CONSULTATION!



TUMMY TUCK



BREAST AUGMENTATION



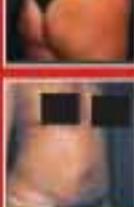
BUTT AUGMENTATION



ARM LIPO/LIFT



BREAST REDUCTION



MOMMY MAKEOVER



TUMMY TUCK

**FREE
CONSULTATIONS!**

Dr. Kenneth R. Francis - Board Certified Plastic Surgeon: Featured in: "Allure, Glamour, and Inside Edition"

Discussions you need to check out at the TriBeCa Film Festival

While the TriBeCa Film Festival is known for bringing fresh new voices in filmmaking to the world, the festival is also known for curating special anniversary screenings and talks around some of the most trailblazing works in both film and television. This year is going to be no different, as some of the most monumental films and series will be celebrating milestone anniversaries with the creators giving special talks at this year's ceremonies. Here are three great screenings and discussions that you will not want to miss.

Recreation" and is still arguably one of the funniest movies ever made. For a special evening at the Beacon Theatre, the stars of the film — Christopher Guest, Michael McKean and Harry Shearer — will be stepping out of character and doing a Q&A with the film's director Rob Reiner and playing music in tribute to the band.

"This is a big, fun thing for anyone who has ever loved 'Spinal Tap' and the perfect way for anyone who has never seen 'Spinal Tap' to see the film," says Rosen. *Saturday, April 27, 8 p.m., Beacon Theatre, 2124 Broadway*

Yeardly Smith, between James L. Brooks, Matt Groening, Al Jean, Matt Selman and voice actor Harry Shearer.

Sunday, April 28, 5 p.m., Stella Artois Theater BMCC TPAC, 199 Chambers St.

"Apocalypse Now: The Final Cut"



Robert Duvall on the set of the film "Apocalypse Now."
GETTY IMAGES

The production of Francis Ford Coppola's magnum opus "Apocalypse Now" may have as great a story as the one that was portrayed on the screen. With rumors that Coppola had intended for the film to be hours longer in length, fans of the film were finally treated to a "Redux" version of the film back in 2001 that included close to an hour's worth of extra footage. Apparently, this version was still a work in progress. That is, until now, as Coppola will be there in person to present his "Final" version of the film at the Beacon Theatre with a completely remastered print from the original negatives and a special sound system installed in the theater for this special occasion.

"It should be the spectacular high-cinema evening that anyone who has ever loved a film from Francis Ford Coppola [would expect]," says TriBeCa EVP of Communications and Programming Tammie Rosen.

Sunday, April 28, 5 p.m., Beacon Theatre, 2124 Broadway

PAT KING

Start Now

\$50
Choose one or more

www.nylaser.net

Deep Pore Facial
Microdermabrasion
Acne Laser
Genesis For Firming Face, Hands Or Neck
Slimming Body Wrap
Body Exfoliate Scrub
Laser Hair Removal For Small Area
UV Gel Polish Manicure 2 for \$50
Teeth Whitening
Oxygengeo facial: Restore your skin \$50
Anti-aging mini facial \$50
Cavi lipo: Melts fat
Zerona: Full Body inch loss
Swedish Massage

Brazilian Wax 2 for \$59
 Full Leg Wax 2 for \$50
 Back Wax 2 for \$50
***\$15 Extra**
 Full Body Wax
 Includes Brazilian \$69
 To Add On Pain Free Wax Per Area

FREE CONSULTATIONS

Expires 4/30/19 • 180 7th Ave South
Btwn W 11th Street & Perry Street
212-229-0399 • Open 7 Days
Serving NYC 27 years!

Laser, Slimming & Anti Aging Spa

THE ROCKEFELLER UNIVERSITY HOSPITAL CENTER FOR CLINICAL AND TRANSLATIONAL SCIENCE

Research study seeking HIV+ individuals on treatment

Researchers at The Rockefeller University are conducting a study to understand why some, but not all, HIV positive individuals have an increased decline in neurocognitive ability in comparison to HIV-negative individuals.



You may be eligible if you:

- > Are between the ages of 18 and 74
- > Are HIV-positive and on treatment for at least 1 year
- > Never had a diagnosis of Hepatitis B or C

Participation involves:

- > 4 visits to The Rockefeller University
- > Blood work
- > Neuropsychological and other health-related questionnaires
- > 6-mm punch skin biopsy

Compensation is provided.

To learn more, contact our Recruitment Office at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu



**DO YOU KNOW
YOU CAN HIRE YOUR
FAMILY/FRIEND TO
TAKE CARE OF YOU?**

JOIN CDPAP NOW!
(Consumer Directed
Personal Assistant Program)

With the CDPAP Program you have the freedom to hire your own caregivers. You can design your own schedule, and reward your caregivers with great benefits!

SERVICES IN ALL FIVE BOROUGHS INCLUDING LONG ISLAND AND WESTCHESTER

SOCIAL WORKER PROGRAM PROVIDED

Call today: 212-560-9218

Visit us at 224 West 35th Street Suite 708, New York NY 10001

Xincon Home Care

www.xinconcare.com



After a tough loss Saturday, the Nets have set their sights on the officials.

 JOE PANTORNO
joseph.pantorno@metro.us

The Brooklyn Nets' backs are against the wall tonight as they face elimination in Game 5 of their first-round playoff series against the Philadelphia 76ers, who hold a commanding 3-1 lead.

Heading back to Philadelphia after being swept at home, the Nets are still sifting through the rubble of a missed opportunity in Game 4 that featured an ejection of Jared Dudley in a fracas surrounding another hard Joel Embiid foul on Jarrett Allen and a blown lead in the final minute of play.

The Nets led for approximately 26 of the final 28 minutes of the game, but it was the officiating that threw Brooklyn into a frenzy.

General Manager Sean Marks was fined \$25,000 and suspended from attending Game 5 in Philadelphia after entering the officials' locker room following Game 4.

Per ESPN's Adrian

'Livid' Nets look to stay alive vs. Sixers in Game 5 tonight



Tensions are running high for the Nets as they face elimination. GETTY IMAGES

Wojnarowski, Marks was "livid" that Embiid was not administered a flagrant 2 after his hack in the third quarter against a driving Allen, which would have resulted in a suspension.

The Philadelphia star's actions, coupled with his elbow on Allen during Game 2, sparked

a scuffle under the Nets' basket when Dudley pushed Embiid. While Embiid played innocent, Jimmy Butler and Ben Simmons got into the mix before a mosh pit formed around the players.

Embiid, when healthy, has torched the Nets this series, includ-

ing a monster outing on Saturday when he put up 31 points, 16 rebounds, seven assists and six blocks. His absence down the stretch could have resulted in the Nets securing a win rather than giving it up.

Brooklyn's beef with the officials grew when Simmons wasn't

called for a shove on Allen, which resulted in JJ Redick's go-ahead 3-pointer with 50 seconds remaining.

During the Nets'

penultimate possession

of the game, Allen was

wrapped up by Tobias

Harris on a pick-and-roll

play that allowed Simons

to get into posi-

tion defensively and help force a turnover that iced Philadelphia's victory.

The NBA confirmed in its Last Two Minute Report that a foul should have been called on Harris, but that does little to change the fact that the Nets are in a 3-1 series rather than one that is tied.

Nets head coach Kenny Atkinson made his dissatisfaction with the officials clear, especially with his team, an unnamed player told Newsday's Greg Logan.

"He basically said it will keep happening until the refs buy into the fact that the Nets are good," Logan tweeted.

The player went on to tell Logan that the NBA "is a business, and implied refs are aware of which teams they want to succeed. So, teams like the Nets trying to establish themselves are facing an uphill climb.

"But let's say they sign a premier free agent. Watch how quickly it turns."

Expect the bad blood between the teams, along with the Nets and the officials, to carry into Game 5 tonight, which may result in a tightly-called game.

Tip-off is at 8 p.m. ET and can be seen on TNT.

**The Future of
Foot Surgery has arrived
at NY Podiatric Medicine**



Don't hide them... **WE CAN HELP!**
Specializing in Surgery and Aesthetics
of the Foot.

Dr. Andrew Glass DPM
212-867-2500

**NEW YORK PODIATRY
MEDICINE AND SURGERY**

**Cutting Edge Means
Less Cutting**

**MINIMALLY
INVASIVE**

Bunion & Hammertoe Surgery

We have performed thousands of these
procedures with state of the art technology

www.nymidtownpodiatry.com

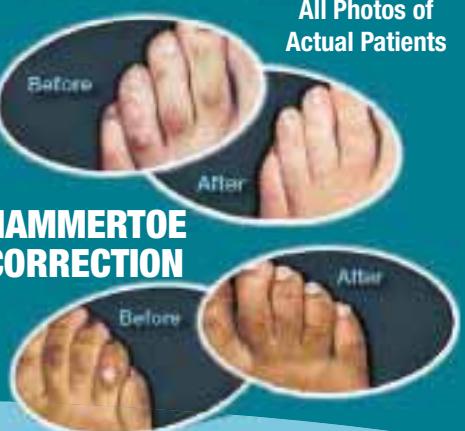
MIDTOWN

315 Madison Ave., Suite 2301 • 212-867-2500

As seen on 

**All Photos of
Actual Patients**

**HAMMERTOE
CORRECTION**



MOST INSURANCE PLANS ACCEPTED

FREE CONSULTATION WITH THIS AD

**SUFFERING FROM
ERECTILE DYSFUNCTION
OR JUST WANT TO ENHANCE YOUR PERFORMANCE?
Breakthrough GAINSWave™ Treatment
Now Available in New York!**

Manhattan Medical Associates specialize in treating Erectile Dysfunction (ED) and performance issues using the latest state-of-the-art technology for in-office treatment of ED without the use of needles, drugs, or surgery. This ED medical breakthrough uses painless Acoustic Pressure Waves to improve a man's sexual performance and produce an erection, eliminating the need for medications by regenerating blood vessels and erectile tissue.

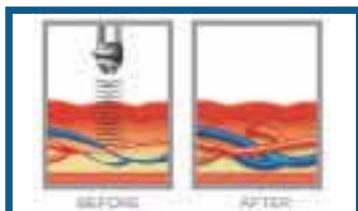


NO SHOTS

NO PAIN

NO DOWN TIME

Manhattan Medical Associates utilizes high frequency, low intensity sound waves to improve blood flow to the penis. The sound waves repair aged blood vessels, stimulate growth of new blood vessels and remove decades of micro-plaque. Manhattan Medical Associates is designed to optimize efficacy, safety and results. GAINSWave™ is a safe, comfortable and proven twenty minute procedure for men to optimize sexual performance and to reverse the effects of ED.



The pulsating waves of GAINSWave™ promotes increased blood flow to the penis by opening existing blood vessels and stimulating the growth of new blood vessels.



*Individual results may vary. © All rights reserved.

**Be ready when the intimate moment arises.
CALL TODAY! (212) 336-3827**



**MANHATTAN
MEDICAL
ASSOCIATES**

**www.ManhattanMedicalAssociates.com
161 Madison Avenue 6th Floor New York, NY 10016**



Thierry Henry played with the Red Bulls from 2010 to 2014. GETTY IMAGES

New York Red Bulls denying links to Henry as manager

The French soccer legend was reportedly to be joining his former team within the next week.



JOE PANTORNO
joseph.pantorno@metro.us

The New York Red Bulls denied all reports that former player and international legend Thierry Henry will be taking over as their new manager on Monday.

Kaveh Solhek of Sky Sports reported over the weekend that the MLS club had "given the green light" to hire Henry as its new manager. Solhek added that the Red Bulls' head of soccer, Oliver Mintzlaff, was expected to fly to London next week to finalize the deal.

Henry spent four seasons with the Red Bulls, from 2010 to 2014, as one of the first major international stars to make

his way to MLS. He ranks third on the club's all-time scoring list with 52 goals in all competitions.

The Frenchman was one of the greatest stars of his generation overseas, best known for his goal-scoring prowess with Arsenal in England and Barcelona in Spain, all while starring for the French national team, which included a World Cup title in 1998.

Henry, 41, began his managerial career with the Arsenal youth academy before joining the Belgian national team as an assistant in 2016, where he helped the program finish third at the 2018 World Cup in Russia.

He received his first professional manager job with French side Monaco — the club he first played with — in October 2018.

It was a disastrous spell as he lasted just 109 days after winning just two of his first 12 matches at a club that qualified for the Cham-

pions League in each of the previous four seasons.

Henry was linked to a Red Bulls team that has been struggling just as mightily under Chris Armas, winning just one of their first seven matches with just eight goals scored during that stretch.

The Red Bulls were developing into an Eastern Conference power under Jesse Marsch, who led the club to three top three finishes in four seasons before moving on to Red Bull Leipzig in the Bundesliga last year as an assistant.

He was named the club's manager on April 15.

While Henry would have had his hands full trying to turn things around, he would have brought a knowledge of MLS and the American game to the position along with a high-profile face that would help market the team during a disappointing campaign.

Giants' draft plans may revolve around Rosen

The Cardinals quarterback will be on the trade block if they draft Kyler Murray.



JOE PANTORNO
joseph.pantorno@metro.us

The biggest factor of the first round of the 2019 NFL Draft, which begins Thursday night, isn't even a collegiate prospect that's ready to make the jump to the pros.

It's second-year quarterback Josh Rosen.

The future of the Arizona Cardinals passer — who was selected 10th-overall last season — is in the hands of his new head coach in Kliff Kingsbury, who has been predicted by many to take Oklahoma product and reigning Heisman Trophy winner Kyler Murray with the first-overall pick.

Should the Cardinals go that route, it is expected that Rosen will be



Josh Rosen may be on the trade block come draft night. GETTY IMAGES

traded within the first two days of the draft and could play a huge role in what the New York Giants do at No. 6.

Giants General Manager Dave Gettleman has had months to put together a plan to find Eli Manning's successor, which was initially believed to be via the draft this year.

While there are still plenty of detractors claim-

ing that choosing Saquon Barkley with the second pick last year was the wrong move considering the deep class of passers available, the organization still has an opportunity in 2019 to choose their talent to mold into the next franchise quarterback.

Ohio State's Dwayne Haskins, Missouri's Drew Lock and Duke's Daniel

Jones are expected to be available at No. 6 for the Giants. Haskins is considered the best pure passer in the draft class and has stated his desire to play for the Giants, his boyhood team growing up in New Jersey.

Lock remains an option, but the notion of Jones being selected by the Giants has picked up some steam as of late

even though notable draft pundits like Todd McShay have predicted that the Duke product will develop into nothing more than a backup at the NFL level.

Also owning the No. 17 pick of the draft after trading away Odell Beckham Jr., the Giants could select an edge rusher like Kentucky's Josh Allen with the sixth pick, even though it would result in losing out on Haskins.

It seems to be the most likely scenario, as McShay reported on ESPN's "Get Up" Monday morning, that Gettleman "is crazed about getting a pass-rusher with this sixth pick."

That second pick in the first round would then be used to take the best available quarterback, whether it is Lock or Jones.

The possible availability of Rosen, though, would likely see the Giants abandon any thought of taking a quarterback and could result in the team drafting for another area of need, whether it

be at wide receiver, cornerback or offensive line.

At just 22 years old, Rosen could then redshirt the 2019 season while learning and perfecting the Giants offense under Manning, who is entering the final season of his contract with New York.

It would allow the UCLA product to properly acclimate to the NFL, which was something he was unable to do during his rookie season in Arizona.

Behind one of the worst offensive lines in football with subpar playmaking talent outside of Larry Fitzgerald, Rosen struggled mightily in 2018, completing just 55.2 percent of his passes for 2,278 yards with 11 touchdowns and 14 interceptions.

If put behind a stronger offensive line with a better set of receivers, Rosen could flourish in New York and meet those high expectations that were set on him prior to the 2018 draft.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us



RESEARCH VOLUNTEERS NEEDED
Children Ages 6-12

MRI Study Comparing
Medications for
Children Ages 6-12 with ADHD

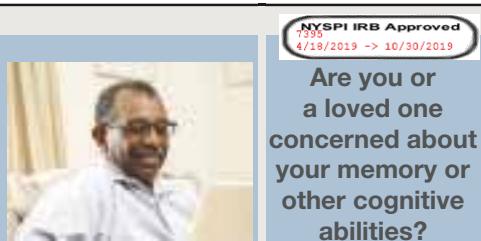
PARTICIPATION INCLUDES:

- Psychiatric evaluation by study doctor
- Cognitive testing
- 6 weeks of medication treatment offered
- 2 MRI Scans

You may receive up to \$550 for your participation

(646) 774-5863

Isabel.Ghisolfi@nyspi.columbia.edu



We are currently interested in enrolling male participants (ages 55-95) with memory problems in a research study to evaluate the effects of computerized cognitive training on memory and attention.

If eligible, participants may receive:

- Memory and cognitive performance monitoring by experts in the field.
- Free access to a computerized cognitive training platform
- Free research MRI scan of the brain
- Monetary compensation

If you are interested, please call us at 646-774-7202.



THIS STUDY IS CONDUCTED AT THE
NEW YORK STATE PSYCHIATRIC
INSTITUTE/COLUMBIA UNIVERSITY
MEDICAL CENTER AND IS FUNDED BY
THE NATIONAL INSTITUTE ON AGING

HSM# 14-00299
Approved for Use:
7/16/2018 to 4/28/2019



**Research
Opportunity
for Healthy
Volunteers**

Who is able to participate?

Males and females ages 40-80

Healthy participants (no significant disease; not taking any significant medications)

Participation in the study involves:

Taking cognitive tests

Taking an fMRI (functional magnetic resonance imaging)

Undergoing general anesthesia

Study Purpose:

To find out how quickly higher cognitive functions (for example memory and working with numbers) return after general anesthesia with sevoflurane

Length of participation:

5 visits in a 30 day period and phone call follow-ups for up to 1 year

Compensation and Transportation will be provided.

Contact Information:

Call the Anesthesia Research Team at 212-241-0840 with inquiries

Study Principal Investigator: Joshua Mincer, MD, PhD
Location: Hess Center for Science and Medicine, 1470 Madison Avenue, New York, NY 10029

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Are you HIV+ and experiencing discomfort related to Peripheral Neuropathy?

You May Be ELIGIBLE To Participate If You Are:

- HIV+/AIDS
- Experiencing pain, numbness, aching, burning, or "pins and needles" sensation in the lower legs and/or feet for 2 months or greater
- 18 years of age or older

The study involves testing the use of Acupuncture/Moxibustion, a traditional Chinese medicine therapy for the relief of lower extremity neuropathy in persons with HIV/AIDS.

As a participant, you will be asked to attend one baseline session, 12 Acupuncture/Moxibustion sessions and three follow-up sessions, maintain a symptom diary and complete questionnaires.

There is no medication given as part of this study.

Compensation: You will be compensated for your time. If you attend all your sessions, you will receive a total of \$220. You will also receive a round trip Metrocard at the end of each session to cover your travel expenses.

For More Information
Call: (212) 365-0346



NEW YORK UNIVERSITY

NASH STUDY

Living with Nonalcoholic Steatohepatitis (NASH) or Fatty Liver Disease?

CHEAR Center is conducting a Clinical Research Study for Volunteers with NASH

QUALIFIED VOLUNTEERS MUST:

- Have a history of NASH or Fatty Liver Disease
- Be willing to undergo study procedures and a liver biopsy

QUALIFIED PARTICIPANTS:

- May receive compensation for time and travel
- Will receive study related medications and examinations at no cost

If interested please call us at: 347-270-1111

NYSPRI IRB Approved
6935
3/10/2019 -> 3/9/2020

Is your loved one suffering from **agitation or aggression** due to Alzheimer's disease?

Free treatment for individuals with a diagnosis of **Alzheimer's disease** or **dementia** who have symptoms of **agitation or aggression**

In this research study, eligible participants will receive 12 weeks of free study treatment with help in behavioral management from experts in the field

If interested, please call
646-774-8671

COLUMBIA UNIVERSITY
MEDICAL CENTER
Bassel Khouri, MD, Inc.

The study is conducted at the New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institutes of Health.

JOBS

General Help Wanted

TOPVIEW
SIGHTSEEING • NEW YORK

Street Ticket Sellers Needed

- Up to 50% Commission
- Flexible Schedule
- Part Time and Full Time Available
- Daily and Weekly Pay
- Weekly and Monthly Bonus*
- Average Weekly Pay \$1,500

Open House: Mon-Fri 11am
2 E 42nd St, New York, NY 10017
Call today (646) 453-6764

*restrictions apply

TOPVIEW
SIGHTSEEING • NEW YORK

Bus Drivers Wanted

- Sign-On Bonus \$1,000!*
- Monthly Safety Incentives \$100/month!*
- Annual Safety Incentives \$500!*
- Health Insurance • Sick Days • Paid Time Off

Requirements:

- Valid CDL Class A or B with Passenger Endorsement
- Valid Medical Examiner's Certificate
- One Year Commercial Driving Experience

Open House: Mon-Fri 11am
2 E 42nd St, New York, NY 10017
Call today (646) 453-4121

Also hiring

- Diesel Mechanics
- Diesel Technicians



*Terms and Conditions May Apply

SPA & MASSAGE

To advertise with Metro, email
peter.blankenstein@metro.us



metroc
CLASSIFIEDS

To place an ad call 866-900-9473
or visit us at www.metro.us

HOME HELPER WANTED

HHA FOR GREATER PAY!

Without HHA? You can still help elderly friends & family members for great pay!

646-799-6062

212-564-3882 | 646-832-7647

or visit us at: 110 West 34th St.
Suite 1207 Manhattan, M-F, 10-5

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx



Furnished Rooms For Rent!
Cable/Internet Ready! Move In Today! All utilities Inc.
Starting Just \$150/wk.
Call Us Now:(212)368-2685

100's Available, All Boroughs



Rooms: \$150 week/up
Studios: \$900 month/up
212-210-9206

metroc
CLASSIFIEDS

To place an ad call 866-900-9473

PSYCHICS

SPIRITUAL HEALER MASTER : BADRA

COME TO KNOW YOUR
PAST, PRESENT, FUTURE

- MARRIAGE PROBLEMS
- HEALTH & SICKNESS
- HUSBAND & WIFE
- CHILDREN BAD HABITS
- JOB & EDUCATION
- BUSINESS PROBLEM
- HOUSE PROTECTION
- LOVE & RELATIONSHIP
- ANY TYPE OF PROB.

GIVE ME 1 CHANCE I WILL MAKE YOUR LIFE BEAUTIFUL
100% REMOVAL OF BLACK MAGIC, EVIL SPIRIT, NEGATIVE ENERGY & GIVE YOU LIFE PROTECTION

Call : 646-436-5544
2910 1A, Glenwood Road
Flatbush Avenue, Brooklyn, NY. 11210
(Private House) 100% Guarantee Results

PROFESSOR KARAMO

NO PROBLEM WITHOUT SOLUTION
INTERNATIONAL SPIRITUAL HEALER CLAIRVOYANT FROM AFRICA



I CAN HELP WITH ALL YOUR PROBLEMS EVEN MOST DESPERATE CASE WHERE OTHERS HAVE FAILED TO HELP

BRING BACK LOVE ONE, REUNITE LOVERS, FAMILY PROBLEMS, SEXUAL PROBLEMS, BUSINESS, EXAMS, JOBS, COURT CASE

BLACK MAGIC, VOODOO PROTECTION FROM ENEMIES, OR BUSINESS DIFFICULT OF CHILD OR DIFFICULT OF GETTING A CHILD HEALTH ISSUE OR EVIL SPIRITS, ETC.

Work Private And Confidential
Quick Result In Few Days
100% Guarantee
Call: 646-331-8597 / 929-326-2899
Speak: English / French
Trains 3 To Sutter Ave & Rutland Road
Email: madibatabatouenploi@gmail.com
Payment After The Results.

WORLD FAMOUS INDIAN PALMIST & SPIRITUALIST

PANDITH: RAVI SHANKAR GURU JI



MEET ONCE 100% EXPERT PANDITH
EXPERT IN REMOVING PROBLEM LIKE
Health, Depression & Blockage, Enemy Problems, Jealousy, Sexual Problems, Business Problems, Money Problem, Childless Couples, Worried About Loved Ones

FREE READING MON'S & SAT'S

He Can Handle, Remove & Destroy Black Magic, Voodoo, Obey, Witchcraft, Demonic Forces, Evil, Bad Luck & All Negativity And Gives Protection

"LIFE IS TOO SHORT" DON'T SUFFER!

347-553-1494
103-02 LEFFERTS BLVD. RICHMOND HILL, NY 11419 (INSIDE PRIVATE HOUSE)

INDIAN PSYCHIC & SPIRITUAL HEALER

MASTER JAI DEV



IF YOU HAVE TROUBLES, I HAVE SOLUTIONS
100% REMOVAL OF BLACK MAGIC BAD LUCK EVIL SPIRITS & GIVES HOLY SPIRIT PROTECTION
LOVE * FAMILY * CHILDREN PROBLEMS * HEALTH JOB-MONEY * LUCK * BIRTHSTONES * DEPRESSION
ENEMY * SEXUAL PROBLEMS * COURT CASES * ETC...
SPECIALIZED IN BRINGING LOVED ONES BACK
PRIVATE & CONFIDENTIAL 100% GUARANTEED RESULTS
944 Flatbush Avenue, Brooklyn, NY 11226 (Next to KFC)

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us



Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948
132nd Street, 7th Ave., Manhattan, NY

UNIQUE SPIRITUAL HEALER & ASTROLOGER

HEALER VISHNU

SPECIALIZED IN BRINGING LOVED ONES BACK

100% REMOVAL OF BLACK MAGIC

- * LOVE * FAMILY * DEPRESSION
- * CHILDREN PROBLEM * ENEMY
- * HEALTH * JOB * MONEY * SEXUAL PROBLEM
- * LUCK * STOP-DIVORCE * BLOCKAGE
- * COURT CASES ETC.. * COURT CASES ETC..

Result in 5 to 8 Days 100% GUARANTEED RESULTS

CALL FOR APPOINTMENT
929-500-6964
Service Available in Brooklyn & Queens Also



Healer and Clairvoyant

From a well known spiritual family who combined the power of spirituality, healing and love. Guarantee to bring your partners, love ones within 72hrs., clear bad luck and obia in just one cleansing, break unwanted relationship, court cases, protection etc.

Even the worst case scenario, just call Mr. Suwa on
347-792-9714 • Brooklyn.
Payment after result.
www.psychicsuwa.com

INDIAN ASTROLOGER & PSYCHIC READER

VIKRAM RAJ

MOST POWERFUL PANDIT : VIKRAM RAJ
ONE CALL, ONE VISIT WILL CHANGE YOUR LIFE

SPECIALIZED IN : BRINGING LOVED ONES BACK, EVEN HOPELESS CASE

Expert in Removing BLACK MAGIC Bad Luck, Voodoo, Obeah, Witchcraft, & Evil Spirits

100% GUARANTEED RESULTS

VIKRAM RAJ IS AN EXPERT IN REMOVING PROBLEMS LIKE

- * BUSINESS * STOP DIVORCE * CHILDREN MISTAKES
- * BAD LUCK * WORK PROBLEM * COURT CASES
- * BLACK MAGIC * FINANCIAL PROBLEM * CHILDLESS COUPLES
- * REUNITE LOVERS * HUSBAND & WIFE PRO. * SEXUAL PROBLEMS

CALL FOR APPOINTMENT PRIVATE & CONFIDENTIAL
347-279-7360
104-14, 118th, S. Richmond Hill, NY - 11419
(Private House)

CAREER TRAINING



JOB

We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- Med. Billing & Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

us Vets
Call
Now

PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com
Call or Text #917.653.0319

Big Discount on OSHA

10-Hour OSHA: \$80.00
30-Hour OSHA: \$230.00
Security Guard Training: \$145
Visit website to see more Training
Tribune Training Academy Inc.
29-28 41st Ave, LIC, NY 11101
(718) 790-2664
www.tribunest.com

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number 1317504, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 221-40 Horace Harding Expy., Oakland Gardens, NY. 11364. Queens County, for on-premises consumption. Kokio Chicken And Beer Corp.

ITEMS WANTED

Absolute Yes! SAME DAY
CASH PAID!
\$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

BUSINESS OPPORTUNITIES

dntl bar
NYC's first walk-in dental bar
For more information, contact
646-969-5632
776 6th Ave, New York, NY 10001
info@dntlbar.com

metro

CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval by the acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

NOTICE IS HEREBY GIVEN

that a license, Serial # 1317524, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 155 Greenpoint Ave., Brooklyn, NY 11222. Kings County, for on-premise consumption. 120 Seconds LLC.

Does appendicitis run in your family?

Researchers at The Rockefeller University are conducting a study to understand if there are certain genes associated with appendicitis.



You may be eligible if you and a family member(s):

- > Had appendicitis and an appendectomy before the age of 19

Participation includes:

- > Ability to enroll even if you or your family member don't live in the NYC area
- > Blood or saliva samples (can be mailed in)
- > Questionnaires

Compensation is provided.

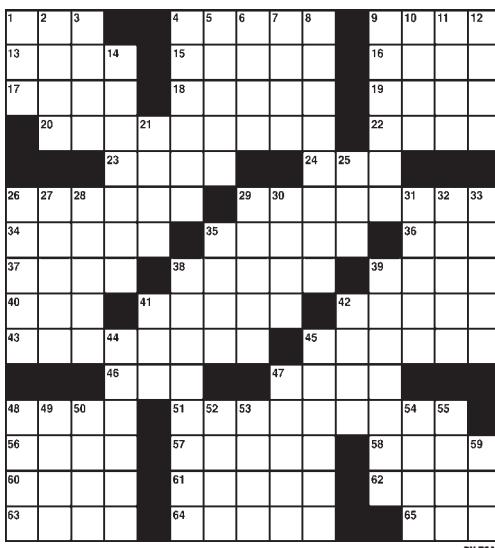
To learn more, contact our Recruitment Office at 1-800-RUCARES or email us at RUCARES@Rockefeller.edu

GAMES

Check your answers and play more games at metro.us/games



metro.us/crossword



BY TCA

ACROSS

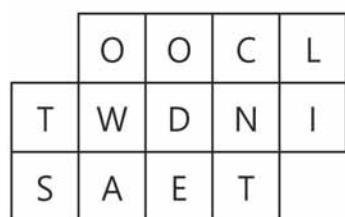
- 1 J. Edgar Hoover's agcy.
- 4 Oahu dances
- 9 Doing nothing
- 13 Long-tailed rodents
- 15 Wear away
- 16 Frame of mind
- 17 Linear measure
- 18 Staring
- 19 Prude
- 20 Abbreviated
- 22 Simple
- 23 Competed
- 24 Can cover
- 26 Go higher
- 29 Plays make-believe
- 34 Berate
- 35 Gown
- 36 Battery size
- 37 Show-offs
- 38 Bowwows
- 39 Prune stones
- 40 Shade tree
- 41 Lunch hours
- 42 Lays concrete
- 43 Coast
- 45 Cure
- 46 Out-of-date
- 47 Chicken's sound
- 48 Shopping center
- 51 Wood slivers
- 55 LSU or USC
- 57 Northeastern state
- 58 McClanahan & others
- 60 "Can't Buy Me ___"; Beatles song
- 61 VP Spiro
- 62 Ginger cookie
- 63 Alimony recipients
- 64 Essentials
- 65 Underhanded

DOWN

- 1 When to say "T.G.I.F.": abbr.
- 2 Prohibits
- 3 Hives symptom
- 4 Warmed
- 5 Encouraged
- 6 Bank offering
- 7 Sculptor's tool
- 8 Like easy-to-eat grapes
- 9 Get in the way of
- 10 TV's "___ the Explorer"
- 11 Clark Kent's love
- 12 Nervous
- 14 Spades
- 21 Orange peel
- 25 "___ a Small World"
- 26 Blaze residue
- 27 Weight revealer
- 28 Punctuation mark
- 29 Lying flat
- 30 NFL officials
- 31 Innocent
- 32 Went out with
- 33 Impudent
- 35 Entryway
- 38 Forest cabin dweller
- 39 Diaper brand
- 41 Org. for Panthers & Penguins
- 42 Actress Amanda
- 44 Does math problems
- 45 Reinvigorates
- 47 Yearned
- 48 Stubborn critter
- 49 As strong as ___
- 50 Learn's partner, in phrase
- 52 Singer Patti
- 53 ___ up; form a queue
- 54 Nylon woes
- 55 Make airtight
- 59 Secret agent

wander words

Category: Director



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

Yesterday's Answers



As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, Suite 220 New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • U.S. Publisher Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us

U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Managing Editor Morgan Rousseau, morgan@metro.us • News Editor Jeff Tomko, jeff.tomko@metro.us • Art Director Luis Matos, Luis.Matos@metro.us • Sports Editor Joseph Pantorno, jo-seph.pantorno@metro.us • Features Editor Pat King, Patrick.King@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us



- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to the NJ Transit Norfolk Street light rail station.
- Our clinical unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn Station.

Powered by
Arkodium

metro.us/sudoku

1		6	2			3	9	
9	2			3				7
3		4	8			5		2
8	4			1	2			5
		9	3	8	7	2		
	1		5	4			7	8
7		2		1	4			6
5				2			3	9
	9	8			3	1		5

metro.us/wordsearch

S	A	N	D	I	E	G	O	K	Q
H	E	O	T	N	E	M	M	O	C
H	B	U	N	S	S	B	E	W	R
M	I	R	A	K	R	V	Z	Y	H
O	R	O	H	U	D	I	W	O	E
N	C	M	P	P	E	D	F	U	O
L	S	L	E	L	W	E	I	T	T
I	B	I	L	O	A	O	L	U	A
N	U	K	E	A	J	D	M	B	A
E	S	E	F	D	G	B	V	E	R

Comment
Elephant
Film
First
JawedKarim
Like
Online
San Diego
SubscribeUpload
Video
Web
YouTube
ZooPLAY ANYTIME,
ANYWHEREFind these games
and MUCH MORE at
games.metro.usNYMETROVEIN
Metropolitan Vein and Aesthetic CenterPainful Veins and
Swollen Legs?
Don't Hide Your
Legs Anymore!Let Dr. Adam Goldman Remove
Your Varicose Veins and Reduce
the Swelling In Your Legs

"Show Off" Your Legs Again!

Covered by most
health insurance plans and
MedicareHablamos
Espanol'Get your legs
ready for
summer'

BEFORE AFTER

We specialize in circulatory
problems including but not
limited to:Varicose Veins •
Spider Veins •
Burning & Itching •
Skin Discoloration •
Clots •Leg Pains & Cramps •
Difficulty Standing •for Extended Periods
We Will Eliminate Your
Varicose VeinsBEFORE AFTER
Elimination of VeinsThe procedures are minimally •
invasive with local anesthesiaYou can return to your daily •
activities the next dayWe can alleviate your •
discomfort with

excellent results

WE ALSO OFFER A
VARIETY OF
COSMETIC SERVICES

Dr. Adam Goldman, MD

www.nymetrovein.com

Call us today to schedule a free consultation.

866-236-1793

4915 Broadway Apt. 1-0, New York, NY 10034

750 Mclean Avenue, Yonkers, NY 10704

37-73 103rd Street, Corona, NY 11368



